



**WIRRAL ATHLETIC CLUB present the
BIRKENHEAD PARK ROAD RACES**
(Under UKA Laws: UKA Licence No: 2010-0113)



Sponsored by URENCO UK Ltd

**WEDNESDAY, JUNE 9th
OPEN FIVE MILE RACE**

plus

Young Athletes Races over 1 lap (2.6km)



**Race HQ : Birkenhead Park Visitor Centre in the Lower Park
5 mile - 3 laps within the Lower Park**

7.00pm Year 7 and 8 & Fun Run for Year 6 and under

7.15pm Year 9 and 10 : 7.45pm Open 'Five'

First 10 men plus first 2 O40, first O45, O50, O55, O60, O65 and first U20

First 6 ladies plus first O35, O40, O45, O50, O55, O60 and first U20

Spot Prizes

First 3 Boys and first 3 Girls from Year 7, Year 8 and Year 9/10

Medals to all finishers in Young Athletes Races

ENTRIES for Open 5 by June 2nd to

L. J. Carroll, 1, Cumberland Av., Prenton, Birkenhead, CH43 0RY (Tel: 0151 608 4647)

5 mile race £5 (£6 on night) + £2 if unaffiliated Cheques made out to Wirral AC please :

Age: Over 15 on 31.08.09

Entries for Young Athletes Races will be taken on the night : £1

Please enter me for the Birkenhead Park 5 Mile Road Race

I am an amateur according to UKA Laws.....(Signed)

Name.....Club.....

Address.....

.....

Reg No.....

Please circle the appropriate category (male/female/age on day of race including U20)

Male U20 20-39 M40 M45 M50 M55 M60 M65

Female U20 20-34 F35 F40 F45 F50 F55 F60

PLEASE ENCLOSE SAE FOR NUMBER