

# Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 13th November 2011

## Under11 Girls — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	36	Eleanor Kenny	Manchester Harriers & Ac	8:50
2	540	Tia Blissett	Sale Harriers Manchester	8:53
3	41	Megan Taylor	Manchester Harriers & Ac	9:05
4	34	Grace Decampos	Manchester Harriers & Ac	9:09
5	550	Elizabeth Twite	Sale Harriers Manchester	9:11
6	771	Tess McHugh	Trafford Athletic Club	9:17
7	39	Alice Stiles	Manchester Harriers & Ac	9:17
8	780	Tania Kendrick	Sale Harriers Manchester	9:24
9	549	Bethany Thornton	Sale Harriers Manchester	9:26
10	768	Hannah Das	Wirral Ac	9:35
11	3	Megan Barnsley	ABC Runners	9:41
12	543	Gloria Eden	Sale Harriers Manchester	9:47
13	544	Verity Garnes	Sale Harriers Manchester	9:48
14	798	Neve Maddock	Vale Royal Ac	9:49
15	548	Sophie Potter	Sale Harriers Manchester	9:52
16	2	Alexandra Barnsley	ABC Runners	9:53
17	770	Jemma Vickers	Sale Harriers Manchester	10:00
18	742	Elena Forde	Warrington Athletic Club	10:02
19	772	Lucia Maloni	Warrington Athletic Club	10:08
20	794	Libby Saunders	Salford Metropolitan Ac	10:10
21	767	Lily Atkins	Wirral Ac	10:14

## Under11 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester Harriers & Ac	8	—	1	Eleanor Kenny	3	Megan Taylor	4	Grace Decampos
2	Sale Harriers Manchester	15	—	2	Tia Blissett	5	Elizabeth Twite	8	Tania Kendrick
3	Sale Harriers Manchester 'B'	34	—	9	Bethany Thornton	12	Gloria Eden	13	Verity Garnes
4	Sale Harriers Manchester 'C'	56	—	15	Sophie Potter	17	Jemma Vickers	24	Megan Hughes
5	ABC Runners	65	—	11	Megan Barnsley	16	Alexandra Barnsley	38	Chloe Mercer
6	Warrington Athletic Club	66	—	18	Elena Forde	19	Lucia Maloni	29	Jemma Brocklehurst
7	Manchester Harriers & Ac 'B'	71	—	7	Alice Stiles	31	Beth Taylor	33	Lydia Butt
8	Sale Harriers Manchester 'D'	97	—	26	Josie Canham	35	B Lennonbutler	36	Isabella Hulme

## Race 2 - Under 11 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time
1	739	Sam Evans	Warrington Athletic Club	8:23
2	31	Connor Fazakerley	Manchester Harriers & Ac	8:34
3	441	Arran Kearney	Wirral Ac	8:43
4	778	Ben Batho	Stockport Harriers & Ac	8:46
5	759	Oliver Hole	Sale Harriers Manchester	8:55
6	777	Fabio Carosi	Stockport Harriers & Ac	8:56
7	797	John Humphries	Vale Royal Ac	8:58
8	442	Sam Tempest	Wirral Ac	9:01
9	69	Byren Cookson	Moston & District H & Ac	9:03
10	440	Sam Cross	Wirral Ac	9:05
11	787	Jacob Brophy	Wirral Ac	9:09
12	480	Jack Thomas	E Cheshire H & Tameside AC	9:12
13	766	Jac Goodall	West Cheshire Athletic Club	9:16
14	751	Peter Goodfellow	Macclesfield Harriers & Ac	9:23
15	802	Luke Chesters	Sale Harriers Manchester	9:27
16	792	Oliver Thompson	Stockport Harriers & Ac	9:28

## Race 2 - Under 11 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wirral Ac	21	—	3	Arran Kearney	8	Sam Tempest	10	Sam Cross
2	Stockport Harriers & Ac	26	—	4	Ben Batho	6	Fabio Carosi	16	Oliver Thompson
3	Sale Harriers Manchester	37	—	5	Oliver Hole	15	Luke Chesters	17	Harry Boyd
4	Manchester Harriers & Ac	42	—	2	Connor Fazakerley	18	Sean McDermott	22	Patrick McDermott
5	Vale Royal Ac	52	—	7	John Humphries	19	Alexander Doyle	26	Aaron Doyle
6	Macclesfield Harriers & Ac	70	—	14	Peter Goodfellow	27	Jack Croker	29	Joshua Carey
7	St Helens Sutton Ac	77	—	21	Steven Walker	25	Matthew Slevin	31	Nathan Harrison





# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Race 5 - Under 17 Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	901	\$Matthew Shirling	Liverpool Harriers & Ac	21:17
2	136	Ben Everson	Trafford Athletic Club	22:42
3	606	Alex Burchill	Sale Harriers Manchester	22:56
4	140	Richard Powell	Trafford Athletic Club	23:25
5	608	Kyle Conway	Sale Harriers Manchester	23:47
6	796	Jack Donnelly	E Cheshire H & Tameside AC	23:53
7	718	Henry Buttress	Warrington Athletic Club	24:06
8	605	Alex Bradford	Sale Harriers Manchester	24:12
9	734	Robert Ward	Stockport Harriers & Ac	24:13
10	88	Mathew Metcalf	Moston & District H & Ac	24:19
11	288	Nicholas Howarth	Manchester Triathlon	24:53
12	603	Dillon Bezzina	Sale Harriers Manchester	25:04
				13 252 Ryan Wallis
				14 602 Khalid Absiyeh
				15 87 Alex Hill
				16 459 Nathan Schofield
				17 141 Robert Powell
				18 416 Simon Chadwick
				19 609 Ben Fox
				20 250 Will Gayne
				21 812 Simon AnimSamuah
				22 666 Remello Edwards
				23 436 David Gerrard
				25:09 Macclesfield Harriers & Ac
				25:12 Sale Harriers Manchester
				25:14 Moston & District H & Ac
				25:32 Wirral Ac
				26:16 Trafford Athletic Club
				27:08 Stockport Harriers & Ac
				27:40 Sale Harriers Manchester
				27:47 Macclesfield Harriers & Ac
				St Helens Sutton Ac
				28:24
				29:20 Sale Harriers Manchester
				29:42 Warrington Athletic Club

### Race 5 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	13 — 2 Alex Burchill	4 Kyle Conway	7 Alex Bradford
2 Trafford Athletic Club	20 — 1 Ben Everson	3 Richard Powell	16 Robert Powell
3 Sale Harriers Manchester 'B'	42 — 11 Dillon Bezzina	13 Khalid Absiyeh	18 Ben Fox

### Senior Women - U20 — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	706	Sally Ratcliffe	LJ	1 E Cheshire H & Tameside AC	27:16
2	705	Tyra Watson	LJ	2 Sale Harriers Manchester	28:00
3	659	Hannah Parkinson	LJ	3 MMU Harriers	29:46
4	660	Hannah Polak	LJ	4 MMU Harriers	30:36
5	327	Olivia McDermott	LJ	5 Salford Metropolitan Ac	31:08
6	471	Victoria Hartshorne	LJ	6 E Cheshire H & Tameside AC	33:40

### Senior Women - U20 — TEAM RESULTS

No complete teams

### Senior Women — TEAM RESULTS

1 Macclesfield Harriers & Ac	49 — 7 Sarah Harris	10 Anne Farmer	15 Angela Jordan	17 Kristy Readman
2 Sale Harriers Manchester	54 — 2 Lucy O'Gorman	9 Emily Beedham	20 Hannah Griffiths	23 Tyra Watson
3 Wilmslow Running Club	54 — 6 Diane McVey	8 Claire Stevinson	13 Sharon Johnstone	27 Katy Green
4 Trafford Athletic Club	58 — 4 Jackie Fairchild	14 Joanne Dawes	19 Alison Drasdo	21 Sally Woolhouse
5 Salford Harriers	63 — 3 Hayley Kuter	11 Tania Hernandez	16 Louise Geldart	33 Laura Nash
6 Stockport Harriers & Ac	80 — 1 Elle Baker	12 Carmen Byrne	29 Jayne Lawton	38 Helen Garner
7 Altrincham & District AC	136 — 25 Sarah Macilness	28 Alison Vesey	40 Bev Ganose	43 Annmarie Jones
8 Manchester Triathlon	142 — 22 Sarah Rhodes	32 Anna Thomas	37 Jude Wall	51 Sophie Barnett
9 Sale Harriers Manchester 'B'	143 — 26 Joanne Street	35 Alison Pye	36 Jan Nichols	46 Helen Reagan
10 Sale Harriers Manchester 'C'	199 — 47 Belinda Hammond	48 Cara O'Brien	49 Zoe Gmerek	55 Jackie Cordingley
11 Trafford Athletic Club 'B'	202 — 24 Catherine Hurst	34 Joanne Lott	60 Melissa Davis	84 Claire Chaffer
12 Wilmslow Running Club 'B'	241 — 30 Kate Sutton	44 Louisa Harrison	69 Carla Owen	98 Carolyn Hiron
13 St Helens Sutton Ac	247 — 5 Gemma Connolly	52 Julia Eccleston	85 Cheryl Orrick	105 Joanne Keogh
14 Stockport Harriers & Ac 'B'	255 — 45 Gillian Doolan	59 Amanda Trivett	72 Maureen Wilkins	79 Helen Todd
15 Manchester Triathlon 'B'	261 — 53 Victoria Hinton	62 Sonia Harris	66 Helen Grimwood	80 Sarah Kenny
16 Swinton Running Club	266 — 31 Lauren Marsden	41 Carly Appleby	92 Rebecca Mills	102 Maggie McClelland
17 Macclesfield Harriers & Ac 'B'	280 — 39 Hanny Stockman	57 Catherine Voyce	61 Hales Sally Ann	123 Pauline Lynch
18 Manchester Ymca Harriers	285 — 50 Miranda Clarke	71 Hannah Brierley	75 Steph Goodchild	89 Claudia Hammondprice
19 Sale Harriers Manchester 'D'	311 — 67 Lynda Rowlinson	70 Lauren Davies	78 Jenny Clink	96 Jennifer Cordingley
20 Manchester Frontrunners	332 — 64 Ruth Travis	76 Julie Virgin	86 Linda Rix	106 Sarah Robinson
21 Stockport Harriers & Ac 'C'	346 — 81 Louise Harrison	82 Helen Fraser	90 Alexis Dinsmoor	93 Hilary West
22 Belle Vue Racers	348 — 63 Vicky Smith	68 Ruth Todd	99 Anne Webster	118 Julia Foy
23 Manchester Harriers & Ac	358 — 73 Fiona Herbert	88 Jane Stiles	94 Alice MacAdie	103 Debbie Beresford
24 Manchester Triathlon 'C'	443 — 95 Alexa Good	111 Sally Cooper	112 Sarah Mawbey	125 Becky Walton
25 Manchester Harriers & Ac 'B'	464 — 108 Stacey Benson	110 Alyson Adams	122 Ann Lanham	124 Kathryn Holmes
26 Middleton Harriers Ac	465 — 74 Lynne Higgins	114 Christine Comerford	138 Fiona Lamb	139 Sue Taylor

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Women — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	814	Elle Baker		Stockport Harriers & Ac	21:59	74	306	Lynne Higgins		Middleton Harriers Ac	31:44
2	762	Lucy O'Gorman		Sale Harriers Manchester	23:35	75	294	Steph Goodchild	L45 9	Manchester Ymca Harriers	31:52
3	320	Hayley Kuter		Salford Harriers	24:13	76	67	Julie Virgin	L40 8	Manchester Frontrunners	32:02
4	95	Jackie Fairchild		Trafford Athletic Club	24:56	77	733	Gillian Wolstenholme	L55 2	E Cheshire H & Tameside AC	
5	342	Gemma Connolly		St Helens Sutton Ac	25:32						
6	637	Diane McVey		Wilmslow Running Club	25:43	78	512	Jenny Clink		Sale Harriers Manchester	32:04
7	226	Sarah Harris	L35 1	Macclesfield Harriers & Ac	25:48	79	381	Helen Todd	L55 3	Stockport Harriers & Ac	32:05
8	645	Claire Stevinson	L35 2	Wilmslow Running Club	25:50	80	269	Sarah Kenny	L3517	Manchester Triathlon	32:10
9	510	Emily Beedham		Sale Harriers Manchester	26:09	81	724	Louise Harrison	L3518	Stockport Harriers & Ac	32:11
10	222	Anne Farmer	L35 3	Macclesfield Harriers & Ac	26:16	82	723	Helen Fraser	L50 4	Stockport Harriers & Ac	32:14
11	317	Tania Hernandez		Salford Harriers	26:24	83	180	Lynne Nichol	L4510	Altrincham & District AC	32:28
12	715	Carmen Byrne		Stockport Harriers & Ac	26:46	84	818	Claire Chaffer	L3519	Trafford Athletic Club	32:30
13	632	Sharon Johnstone	L35 4	Wilmslow Running Club	26:49	85	347	Cheryl Orrick	L3520	St Helens Sutton Ac	32:40
14	92	Joanne Dawes		Trafford Athletic Club	26:53	86	63	Linda Rix	L4511	Manchester Frontrunners	32:41
15	227	Angela Jordan		Macclesfield Harriers & Ac	26:55	87	94	Sue Exon	L55 4	Trafford Athletic Club	32:42
16	809	Louise Geldart		Salford Harriers	26:57	88	810	Jane Stiles		Manchester Harriers & Ac	32:43
17	232	Kristy Readman	L35 5	Macclesfield Harriers & Ac	27:02	89	296	Claudia Hammondprice		Manchester Ymca Harriers	
18	706	Sally Ratcliffe	LJ 1	E Cheshire H & Tameside AC	27:16						
19	93	Alison Drasdo	L40 1	Trafford Athletic Club	27:19	90	372	Alexis Dinsmoor	L60 1	Stockport Harriers & Ac	32:51
20	520	Hannah Griffiths		Sale Harriers Manchester	27:20	91	298	Emma Parkin		Manchester Ymca Harriers	32:52
21	105	Sally Woolhouse	L35 6	Trafford Athletic Club	27:35	92	168	Rebecca Mills		Swinton Running Club	32:54
22	275	Sarah Rhodes		Manchester Triathlon	27:44	93	383	Hilary West	L50 5	Stockport Harriers & Ac	32:55
23	705	Tyra Watson	LJ 2	Sale Harriers Manchester	28:00	94	753	Alice MacAdie		Manchester Harriers & Ac	33:06
24	99	Catherine Hurst	L45 1	Trafford Athletic Club	28:05	95	263	Alexa Good		Manchester Triathlon	33:07
25	179	Sarah MacInless		Altrincham & District AC	28:08	96	515	Jennifer Cordingley		Sale Harriers Manchester	33:28
26	537	Joanne Street		Sale Harriers Manchester	28:15	97	731	Sophie Seingier	L3521	Stockport Harriers & Ac	33:29
27	626	Katy Green	L35 7	Wilmslow Running Club	28:20	98	630	Carolyn Hirons	L4512	Wilmslow Running Club	33:32
28	183	Alison Vesey	L45 2	Altrincham & District AC	28:22	99	199	Anne Webster	L50 6	Belle Vue Racers	33:33
29	378	Jayne Lawton	L40 2	Stockport Harriers & Ac	28:24	100	471	Victoria Hartshorne	LJ 6	E Cheshire H & Tameside AC	33:40
30	647	Kate Sutton	L45 3	Wilmslow Running Club	28:25	101	290	Emma Bedford	L3522	Manchester Ymca Harriers	33:46
31	165	Lauren Marsden	L35 8	Swinton Running Club	28:27	102	166	Maggie McClelland	L50 7	Swinton Running Club	34:01
32	281	Anna Thomas		Manchester Triathlon	28:32	103	10	Debbie Beresford	L4513	Manchester Harriers & Ac	34:13
33	815	Laura Nash		Salford Harriers	28:41	104	620	Nina Birch		Wilmslow Running Club	34:16
34	100	Joanne Lott	L45 4	Trafford Athletic Club	28:49	105	345	Joanne Keogh	L3523	St Helens Sutton Ac	34:23
35	530	Alison Pye		Sale Harriers Manchester	28:51	106	64	Sarah Robinson	L40 9	Manchester Frontrunners	34:24
36	527	Jan Nichols	L40 3	Sale Harriers Manchester	28:53	107	177	Maggie Jones	L50 8	Altrincham & District AC	34:26
37	283	Jude Wall	L35 9	Manchester Triathlon	28:57	108	9	Stacey Benson		Manchester Harriers & Ac	34:29
38	374	Helen Gamer	L40 4	Stockport Harriers & Ac	29:31	109	379	Andrea Minshull	L4514	Stockport Harriers & Ac	34:30
39	234	Hanny Stockman	L45 5	Macclesfield Harriers & Ac	29:33	110	6	Alyson Adams	L4515	Manchester Harriers & Ac	34:31
40	173	Bev Ganose	L45 6	Altrincham & District AC	29:38	111	259	Sally Cooper	L3524	Manchester Triathlon	34:32
41	157	Carly Appleby		Swinton Running Club	29:43	112	270	Sarah Mawbey	L3525	Manchester Triathlon	34:33
42	659	Hannah Parkinson	LJ 3	MMU Harriers	29:46	113	634	Julie Lucas	L4516	Wilmslow Running Club	34:35
43	176	Annamarie Jones	L55 1	Altrincham & District AC	29:49	114	303	Christine Comerford	L50 9	Middleton Harriers Ac	34:37
44	627	Louisa Harrison	L3510	Wilmslow Running Club	29:50	115	689	Pam Appleton	L55 5	St Helens Sutton Ac	34:45
45	373	Gillian Doolan	L40 5	Stockport Harriers & Ac	29:52	116	169	Lisa Ottiwell	L3526	Swinton Running Club	34:49
46	531	Helen Reagan	L40 6	Sale Harriers Manchester	29:54	117	343	Chris Dempsey	L5010	St Helens Sutton Ac	34:57
47	521	Belinda Hammond		Sale Harriers Manchester	30:00	118	192	Julia Foy	L4010	Belle Vue Racers	35:01
48	528	Cara O'Brien		Sale Harriers Manchester	30:01	119	191	Cecilia Boodhoo	L5011	Belle Vue Racers	35:14
49	519	Zoe Gmerek	L3511	Sale Harriers Manchester	30:02	120	730	Janet Wild	L4011	Wilmslow Running Club	35:28
50	292	Miranda Clarke	L3512	Manchester Ymca Harriers	30:05	121	60	Heather Clarkson		Manchester Frontrunners	35:53
51	256	Sophie Barnett		Manchester Triathlon	30:12	122	20	Ann Lanham		Manchester Harriers & Ac	36:10
52	344	Julia Eccleston	L3513	St Helens Sutton Ac	30:15	123	229	Pauline Lynch	L65 1	Macclesfield Harriers & Ac	36:12
53	266	Victoria Hinton		Manchester Triathlon	30:17	124	17	Kathryn Holmes	L4517	Manchester Harriers & Ac	36:27
54	816	Anneka Sanders		Salford Harriers	30:19	125	284	Becky Walton		Manchester Triathlon	36:29
55	514	Jackie Cordingley	L50 1	Sale Harriers Manchester	30:26	126	649	Frances Mudway	L60 2	West Cheshire Athletic Club	36:55
56	318	Diane Hooper	L45 7	Salford Harriers	30:28	127	19	Lorraine Kelsey		Manchester Harriers & Ac	37:04
57	235	Catherine Voyce	L3514	Macclesfield Harriers & Ac	30:35	128	14	Fiona Green	L3527	Manchester Harriers & Ac	37:05
58	660	Hannah Polak	LJ 4	MMU Harriers	30:36	129	62	Emma Reilly		Manchester Frontrunners	37:10
59	725	Amanda Trivett	L3515	Stockport Harriers & Ac	30:41	130	819	Nicole Cottier		Manchester Ymca Harriers	37:47
60	91	Melissa Davis		Trafford Athletic Club	30:52	131	196	Marie Lavin	L4518	Belle Vue Racers	38:13
61	225	Hales Sally Ann	L50 2	Macclesfield Harriers & Ac	30:54	132	164	Carol Hart	L5012	Swinton Running Club	38:20
62	265	Sonia Harris	L40 7	Manchester Triathlon	30:55	133	526	Jenny Miles	L60 3	Sale Harriers Manchester	38:23
63	197	Vicky Smith		Belle Vue Racers	30:59	134	811	Carole Williams	L55 6	Vale Royal Ac	38:49
64	66	Ruth Travis	L3516	Manchester Frontrunners	31:02	135	258	Kat Burley		Manchester Triathlon	38:52
65	327	Olivia McDermott	LJ 5	Salford Metropolitan Ac	31:08	136	330	Mandy Webber	L4519	Salford Metropolitan Ac	40:02
66	264	Helen Grimwood		Manchester Triathlon	31:10	137	324	Maira Farrelly	L5013	Salford Metropolitan Ac	40:20
67	536	Lynda Rowlinson	L50 3	Sale Harriers Manchester	31:12	138	311	Fiona Lamb	L4520	Middleton Harriers Ac	40:29
68	198	Ruth Todd		Belle Vue Racers	31:24	139	314	Sue Taylor	L5014	Middleton Harriers Ac	41:05
69	641	Carla Owen		Wilmslow Running Club	31:25	140	268	Jennifer Johnson		Manchester Triathlon	41:37
70	516	Lauren Davies		Sale Harriers Manchester	31:26	141	348	Pauline Picton	L55 7	St Helens Sutton Ac	43:51
71	291	Hannah Brierley		Manchester Ymca Harriers	31:27	142	15	Mavis Gregory	L65 2	Manchester Harriers & Ac	44:10
72	384	Maureen Wilkins	L45 8	Stockport Harriers & Ac	31:32	143	309	Sandra Hutchinson	L5015	Middleton Harriers Ac	47:07
73	16	Fiona Herbert		Manchester Harriers & Ac	31:33	144	310	Alyson Lamb	L55 8	Middleton Harriers Ac	47:20
						145	727	Gaynor Clarke		Swinton Running Club	47:40

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Women (Vets) — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	226	Sarah Harris	L35 1	Macclesfield Harriers & Ac	25:48
2	645	Claire Stevinson	L35 2	Wilmslow Running Club	25:50
3	222	Anne Farmer	L35 3	Macclesfield Harriers & Ac	26:16
4	632	Sharon Johnstone	L35 4	Wilmslow Running Club	26:49
5	232	Kristy Readman	L35 5	Macclesfield Harriers & Ac	27:02
6	93	Alison Drasdo	L40 1	Trafford Athletic Club	27:19
7	105	Sally Woolhouse	L35 6	Trafford Athletic Club	27:35
8	99	Catherine Hurst	L45 1	Trafford Athletic Club	28:05
9	626	Katy Green	L35 7	Wilmslow Running Club	28:20
10	183	Alison Vesey	L45 2	Altrincham & District AC	28:22
11	378	Jayne Lawton	L40 2	Stockport Harriers & Ac	28:24
12	647	Kate Sutton	L45 3	Wilmslow Running Club	28:25
13	165	Lauren Marsden	L35 8	Swinton Running Club	28:27
14	100	Joanne Lott	L45 4	Trafford Athletic Club	28:49
15	527	Jan Nichols	L40 3	Sale Harriers Manchester	28:53
16	283	Jude Wall	L35 9	Manchester Triathlon	28:57
17	374	Helen Garner	L40 4	Stockport Harriers & Ac	29:31
18	234	Hanny Stockman	L45 5	Macclesfield Harriers & Ac	29:33
19	173	Bev Ganose	L45 6	Altrincham & District AC	29:38
20	176	Annmarie Jones	L55 1	Altrincham & District AC	29:49
21	627	Louisa Harrison	L3510	Wilmslow Running Club	29:50
22	373	Gillian Doolan	L40 5	Stockport Harriers & Ac	29:52
23	531	Helen Reagan	L40 6	Sale Harriers Manchester	29:54
24	519	Zoe Gmerek	L3511	Sale Harriers Manchester	30:02
25	292	Miranda Clarke	L3512	Manchester Ymca Harriers	30:05
26	344	Julia Eccleston	L3513	St Helens Sutton Ac	30:15
27	514	Jackie Cordingley	L50 1	Sale Harriers Manchester	30:26
28	318	Diane Hooper	L45 7	Salford Harriers	30:28
29	235	Catherine Voyce	L3514	Macclesfield Harriers & Ac	30:35
30	725	Amanda Trivett	L3515	Stockport Harriers & Ac	30:41
31	225	Hales Sally Ann	L50 2	Macclesfield Harriers & Ac	30:54
32	265	Sonia Harris	L40 7	Manchester Triathlon	30:55
33	66	Ruth Travis	L3516	Manchester Frontrunners	31:02
34	536	Lynda Rowlinson	L50 3	Sale Harriers Manchester	31:12
35	384	Maureen Wilkins	L45 8	Stockport Harriers & Ac	31:32
36	294	Steph Goodchild	L45 9	Manchester Ymca Harriers	31:52
37	67	Julie Virgin	L40 8	Manchester Frontrunners	32:02
38	733	Gillian Wolstenholme	L55 2	E Cheshire H & Tameside AC	32:03
39	381	Helen Todd	L55 3	Stockport Harriers & Ac	32:05
40	269	Sarah Kenny	L3517	Manchester Triathlon	32:10
41	724	Louise Harrison	L3518	Stockport Harriers & Ac	32:11
42	723	Helen Fraser	L50 4	Stockport Harriers & Ac	32:14
43	180	Lynne Nichol	L4510	Altrincham & District AC	32:28
44	818	Claire Chaffer	L3519	Trafford Athletic Club	32:30
45	347	Cheryl Orrick	L3520	St Helens Sutton Ac	32:40
46	63	Linda Rix	L4511	Manchester Frontrunners	32:41
47	94	Sue Exon	L55 4	Trafford Athletic Club	32:42
48	372	Alexis Dinsmoor	L60 1	Stockport Harriers & Ac	32:51
49	383	Hilary West	L50 5	Stockport Harriers & Ac	32:55
50	731	Sophie Seingier	L3521	Stockport Harriers & Ac	33:29
51	630	Carolyn Hiron	L4512	Wilmslow Running Club	33:32
52	199	Anne Webster	L50 6	Belle Vue Racers	33:33
53	290	Emma Bedford	L3522	Manchester Ymca Harriers	33:46
54	166	Maggie McClelland	L50 7	Swinton Running Club	34:01
55	10	Debbie Beresford	L4513	Manchester Harriers & Ac	34:13
56	345	Joanne Keogh	L3523	St Helens Sutton Ac	34:23
57	64	Sarah Robinson	L40 9	Manchester Frontrunners	34:24
58	177	Maggie Jones	L50 8	Altrincham & District AC	34:26
59	379	Andrea Minshull	L4514	Stockport Harriers & Ac	34:30
60	6	Alyson Adams	L4515	Manchester Harriers & Ac	34:31
61	259	Sally Cooper	L3524	Manchester Triathlon	34:32
62	270	Sarah Mawbey	L3525	Manchester Triathlon	34:33
63	634	Julie Lucas	L4516	Wilmslow Running Club	34:35
64	303	Christine Comerford	L50 9	Middleton Harriers Ac	34:37
65	689	Pam Appleton	L55 5	St Helens Sutton Ac	34:45
66	169	Lisa Ottiwell	L3526	Swinton Running Club	34:49
67	343	Chris Dempsey	L5010	St Helens Sutton Ac	34:57
68	192	Julia Foy	L4010	Belle Vue Racers	35:01
69	191	Cecilia Boodhoo	L5011	Belle Vue Racers	35:14
70	730	Janet Wild	L4011	Wilmslow Running Club	35:28
71	229	Pauline Lynch	L65 1	Macclesfield Harriers & Ac	36:12
72	17	Kathryn Holmes	L4517	Manchester Harriers & Ac	36:27
73	649	Frances Midway	L60 2	West Cheshire Athletic Club	36:55
74	14	Fiona Green	L3527	Manchester Harriers & Ac	37:05
75	196	Marie Lavin	L4518	Belle Vue Racers	38:13
76	164	Carol Hart	L5012	Swinton Running Club	38:20
77	526	Jenny Miles	L60 3	Sale Harriers Manchester	38:23
78	811	Carole Williams	L55 6	Vale Royal Ac	38:49
79	330	Mandy Webber	L4519	Salford Metropolitan Ac	40:02
80	324	Moir Farrelly	L5013	Salford Metropolitan Ac	40:20
81	311	Fiona Lamb	L4520	Middleton Harriers Ac	40:29
82	314	Sue Taylor	L5014	Middleton Harriers Ac	41:05
83	348	Pauline Picton	L55 7	St Helens Sutton Ac	43:51
84	15	Mavis Gregory	L65 2	Manchester Harriers & Ac	44:10
85	309	Sandra Hutchinison	L5015	Middleton Harriers Ac	47:07
86	310	Alyson Lamb	L55 8	Middleton Harriers Ac	47:20

### Senior Women (Vets) — TEAM RESULTS

1	Macclesfield Harriers & Ac	9	—	1	Sarah Harris	3	Anne Farmer	5	Kristy Readman
2	Wilmslow Running Club	15	—	2	Claire Stevinson	4	Sharon Johnstone	9	Katy Green
3	Trafford Athletic Club	21	—	6	Alison Drasdo	7	Sally Woolhouse	8	Catherine Hurst
4	Altrincham & District AC	49	—	10	Alison Vesey	19	Bev Ganose	20	Annmarie Jones
5	Stockport Harriers & Ac	50	—	11	Jayne Lawton	17	Helen Garner	22	Gillian Doolan
6	Sale Harriers Manchester	62	—	15	Jan Nichols	23	Helen Reagan	24	Zoe Gmerek
7	Macclesfield Harriers & Ac 'B'	78	—	18	Hanny Stockman	29	Catherine Voyce	31	Hales Sally Ann
8	Wilmslow Running Club 'B'	84	—	12	Kate Sutton	21	Louisa Harrison	51	Carolyn Hiron
9	Manchester Triathlon	88	—	16	Jude Wall	32	Sonia Harris	40	Sarah Kenny
10	Stockport Harriers & Ac 'B'	104	—	30	Amanda Trivett	35	Maureen Wilkins	39	Helen Todd
11	Trafford Athletic Club 'B'	105	—	14	Joanne Lott	44	Claire Chaffer	47	Sue Exon
12	Manchester Ymca Harriers	114	—	25	Miranda Clarke	36	Steph Goodchild	53	Emma Bedford
13	Manchester Frontrunners	116	—	33	Ruth Travis	37	Julie Virgin	46	Linda Rix
14	St Helens Sutton Ac	127	—	26	Julia Eccleston	45	Cheryl Orrick	56	Joanne Keogh
15	Stockport Harriers & Ac 'C'	131	—	41	Louise Harrison	42	Helen Fraser	48	Alexis Dinsmoor
16	Swinton Running Club	133	—	13	Lauren Marsden	54	Maggie McClelland	66	Lisa Ottiwell
17	Sale Harriers Manchester 'B'	138	—	27	Jackie Cordingley	34	Lynda Rowlinson	77	Jenny Miles
18	Stockport Harriers & Ac 'D'	158	—	49	Hilary West	50	Sophie Seingier	59	Andrea Minshull
19	Manchester Harriers & Ac	187	—	55	Debbie Beresford	60	Alyson Adams	72	Kathryn Holmes
20	Belle Vue Racers	189	—	52	Anne Webster	68	Julia Foy	69	Cecilia Boodhoo
21	St Helens Sutton Ac 'B'	215	—	65	Pam Appleton	67	Chris Dempsey	83	Pauline Picton
22	Middleton Harriers Ac	227	—	64	Christine Comerford	81	Fiona Lamb	82	Sue Taylor

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	355	Steve Vernon		Stockport H&ac	29:39	85	556	Andy Whittingham	V4014	Wilmslow RC	37:21
2	660	Patrick Martin		Stockport H&ac	30:10	86	663	Adam Soley	JM 2	South Cheshire AC	37:22
3	633	Simon Horsefield		E Cheshire H&tameside AC	31:22	87	241	Lee Dunn	V4015	Manchester Ymca H	37:23
4	135	David Norman		Altrincham&district AC	31:43	88	264	Ian Jackson	V4016	Salford H&ac	37:24
5	659	Christopher Kays		E Cheshire H&tameside AC	31:47	89	461	Jason Bowers		Sale H Manchester	37:25
6	649	Ben Riddell		Salford H&ac	32:09	90	458	Carl Barber		Sale H Manchester	37:27
7	335	Jack Morris	U20 1	Stockport H&ac	32:20	91	258	Callum Corneille	U20 9	Salford H&ac	37:32
8	482	Charlie Hulson	U20 2	Sale H Manchester	32:27	92	361	Vinny Booth	V4511	Trafford AC	37:32
9	274	Matthew Shaw		Salford H&ac	32:33	93	159	Chris Bentley		Macclesfield H&ac	37:34
10	312	James Scottbuccleuch		Stockport H&ac	32:35	94	364	Dick Byers	V4512	Trafford AC	37:40
11	457	James Bailey		Sale H Manchester	32:38	95	217	Brian Mullan	V4017	Manchester Triathlon	37:44
12	657	Stuart Doyle	V40 1	Vale Royal AC	32:40	96	662	Russell Gibbons	JM 3	South Cheshire AC	37:47
13	497	Gareth Raven		Sale H Manchester	32:46	97	675	Stephen Burthem	V50 4	Warrington Athletic Club	37:48
14	366	Tom Charles		Trafford AC	32:50	98	547	Graham Screawn	V4018	Wilmslow RC	37:50
15	360	James Bleakley		Trafford AC	33:00	99	314	James Cashin		Stockport H&ac	37:51
16	405	Gavin Tomlinson		Trafford AC	33:10	100	330	Graham Marsland	V4019	Stockport H&ac	37:52
17	524	Malcolm Fowler	V45 1	Wilmslow RC	33:13	101	35	Andy Skitt		Manchester H&ac	37:53
18	664	Ben Scarlett		Sale H Manchester	33:29	102	349	Mike Shaw	V4513	Stockport H&ac	37:56
19	387	Ben Martin		Trafford AC	33:33	103	419	Liam Browne		E Cheshire H&tameside AC	37:58
20	635	Nick Leigh		Altrincham&district AC	33:37	104	591	Barry Graney	V4020	St Helens Sutton AC	38:00
21	464	Niall Brooks		Sale H Manchester	33:42	105	62	Daniel Murphy		Manchester Frontrunners	38:01
22	271	Mark Russell	V40 2	Salford H&ac	33:45	106	225	Paul Schofield	V4021	Manchester Triathlon	38:03
23	909	\$Steve Morrow		Ballymena & Antrim	33:50	107	473	Olivier Gaillemin		Sale H Manchester	38:04
24	201	Paul Hawkins		Manchester Triathlon	33:57	108	532	Mike Hill	V4514	Wilmslow RC	38:05
25	399	Ian Salisbury	V40 3	Trafford AC	34:09	109	174	Robert Wilson	V4022	Macclesfield H&ac	38:08
26	520	Rob Downs	V45 2	Wilmslow RC	34:10	110	6	Chris Green		ABC Runners	38:09
27	278	James Williams		Salford H&ac	34:16	111	438	Alan Kennedy	V4515	E Cheshire H&tameside AC	38:14
28	267	Howard Mead		Salford H&ac	34:19	112	352	Robert Taylor	V60 2	Stockport H&ac	38:17
29	227	Joe Skipper		Manchester Triathlon	34:26	113	586	David Rich	U2010	Sale H Manchester	38:20
30	905	\$Jamie Webb	JM 1	Liverpool Harriers & Ac	34:32	114	459	Paul Barrett		Sale H Manchester	38:23
31	481	Matt Holmes	U20 3	Sale H Manchester	34:39	115	666	Steven Caldwell		Vale Royal AC	38:24
32	95	Nick Hindle		Swinton RC	34:43	116	411	Ronan Kearney		Wirral AC	38:26
33	260	Mike Grace		Salford H&ac	34:45	117	89	Dan Bird		Swinton RC	38:27
34	127	Ryan Ganose	U20 4	Altrincham&district AC	34:52	118	54	Jonathon Guildford		Manchester Frontrunners	38:30
35	446	Howard Oldham		E Cheshire H&tameside AC	34:58	119	132	David Livingstone	V4023	Altrincham&district AC	38:35
36	374	Timothy Fletcher		Trafford AC	35:10	120	224	Andy Quicke		Manchester Triathlon	38:40
37	167	James Noakes	V40 4	Macclesfield H&ac	35:19	121	665	Richard Park		Warrington Athletic Club	38:46
38	433	Joe Hudak	U20 5	E Cheshire H&tameside AC	35:20	122	303	Rob Marsh	V4024	St Helens Sutton AC	38:46
39	231	Mark Tickle		Manchester Triathlon	35:21	123	386	Paul Mannion	V4516	Trafford AC	38:48
40	915	\$James McNally		Penny Lane Striders	35:27	124	288	Shane Wolstencroft	V4025	Salford Met AC	38:51
41	293	Henry Valentine	U20 6	South Cheshire AC	35:30	125	410	John Cross	V4026	Wirral AC	38:52
42	536	Graham Macneill	V45 3	Wilmslow RC	35:32	126	626	Dave Maher		Trafford AC	38:52
43	339	Adrian Nutter		Stockport H&ac	35:37	127	208	Ian Jones		Manchester Triathlon	38:53
44	23	Ed Fazakerley	V40 5	Manchester H&ac	35:38	128	343	Frank Reilly	V65 1	Stockport H&ac	38:54
45	544	Jim Pendrill	V40 6	Wilmslow RC	35:39	129	77	Carl Bibby	V4517	Warrington Tri Club	39:00
46	503	Phil Scowcroft		Sale H Manchester	35:43	130	521	Ray Eagle	V55 2	Wilmslow RC	39:07
47	672	Anthony Smith	V40 7	St Helens Sutton AC	35:48	131	119	Matt Billingham		Altrincham&district AC	39:08
48	490	Stephen McCarron		Sale H Manchester	35:50	132	169	Tim Stock	V4518	Macclesfield H&ac	39:09
49	468	Peter Crawford		Sale H Manchester	35:53	133	88	Mark Birchall		Swinton RC	39:10
50	317	Kevan Garner	V45 4	Stockport H&ac	35:58	134	340	Paul Nutter	V4027	Stockport H&ac	39:12
51	538	Tom McGaff	V55 1	Wilmslow RC	36:00	135	7	Michael Hodgkinson		ABC Runners	39:13
52	316	James Corden	V40 8	Stockport H&ac	36:01	136	206	Tim Johns	V4028	Manchester Triathlon	39:15
53	382	Mike Hutchinson	V45 5	Trafford AC	36:02	137	299	Ian Hayburn	V4029	St Helens Sutton AC	39:17
54	114	Colin Bannothornton		Altrincham&district AC	36:03	138	603	Craig Sephton	V4030	Vale Royal AC	39:18
55	612	James Grannan	U20 7	Stockport H&ac	36:04	139	629	Daniel Sate		Altrincham&district AC	39:19
56	313	Phil Burns		Stockport H&ac	36:05	140	656	Will Ferguson		Wirral AC	39:28
57	500	Gary Rowlinson	V45 6	Sale H Manchester	36:08	141	197	Colin Hammond	V4519	Manchester Triathlon	39:35
58	307	Jamie White	U20 8	St Helens Sutton AC	36:15	142	11	Dave Lovatt	V50 5	ABC Runners	39:37
59	463	Tim Brett	V45 7	Sale H Manchester	36:26	143	14	Matt Shillabeer		ABC Runners	39:39
60	289	Michael Hatton	V50 1	South Cheshire AC	36:30	144	537	Allan McCormick		Wilmslow RC	39:40
61	676	Richard Edwards		Sale H Manchester	36:31	145	230	Roger Thomas		Manchester Triathlon	39:41
62	661	Andrew Whittingham		Altrincham&district AC	36:33	146	38	Matt Whitehead	V4520	Manchester H&ac	39:42
63	630	Steven Townley		Sale H Manchester	36:34	147	302	Mark Liprot	V50 6	St Helens Sutton AC	39:43
64	61	James Moles		Manchester Frontrunners	36:36	148	422	Francis Day	V60 3	E Cheshire H&tameside AC	39:45
65	354	Matt Townley		Stockport H&ac	36:40	149	34	Jacques Sharkey	V4521	Manchester H&ac	39:47
66	91	Steve Doxey	V50 2	Swinton RC	36:45	150	37	Ben Taylor	V4031	Manchester H&ac	39:49
67	491	Fechin McCormick	V60 1	Sale H Manchester	36:47	151	280	Paul Connolly		Salford Met AC	39:51
68	270	James O'Connor	V40 9	Salford H&ac	36:48	152	140	Tim Raffle	V4522	Altrincham&district AC	39:55
69	453	John Slone		E Cheshire H&tameside AC	36:49	153	183	Alan Burton		Manchester Triathlon	39:58
70	113	Peter Abraham		Altrincham&district AC	36:54	154	1	Andrew Berry	V4032	ABC Runners	40:00
71	297	Ian Costello	V4010	St Helens Sutton AC	37:00	155	913	\$Gerald Musdke		Liverpool Harriers & Ac	40:00
72	469	Elton Davies		Sale H Manchester	37:03	156	408	Gareth Woodcock		Trafford AC	40:01
73	277	Phil West		Salford H&ac	37:07	157	69	Ian Roberts		Manchester Frontrunners	40:07
74	87	Daniel Appleby		Swinton RC	37:08	158	614	Tony Archer	V55 3	Vale Royal AC	40:08
75	450	Stephen Robinson	V50 3	E Cheshire H&tameside AC	37:09	159	434	Derek Hughes	V50 7	E Cheshire H&tameside AC	40:11
76	242	David Garner	V45 8	Manchester Ymca H	37:10	160	613	Steven Wyatt	V50 8	Wilmslow RC	40:12
77	128	Dave Gilchrist	V45 9	Altrincham&district AC	37:11	161	604	Tim Walton	V4033	Macclesfield H&ac	40:15
78	236	Steven Worthington		Manchester Triathlon	37:12	162	590	Maurice Collins	V4523	St Helens Sutton AC	40:16
79	272	Mark Seed	V4011	Salford H&ac	37:13	163	369	Duncan Drasdo	V4524	Trafford AC	40:17
80	229	Stephen Taylor	V4012	Manchester Triathlon	37:14	164	40	Tom Arnold		Manchester Frontrunners	40:36
81	448	Glenn Piper	V4510	E Cheshire H&tameside AC	37:15	165	255	Ian Wilding		Manchester Ymca H	40:39
82	383	Juan Ibannamedina		Trafford AC	37:16	166	414	Daniel Bamber		E Cheshire H&tameside AC	40:42
83	103	Darren Russell		Swinton RC	37:17	167	239	Roger Carter	V50 9	Manchester Ymca H	40:46
84	329	Richard Marlon	V4013	Stockport H&ac	37:20	168	67	Roberto Raso	V4525	Manchester Frontrunners	40:47

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	549	Ian Smallwood	V4526	Wilmslow RC	40:52	241	319	Darren Hales	V4046	Stockport H&ac	44:46
170	98	Chris Lomax	V4034	Swinton RC	40:56	242	193	Simon Granger		Manchester Triathlon	44:53
171	320	Tim Hargreaves	V5010	Stockport H&ac	40:59	243	602	Michael Ogden	V4542	Manchester Triathlon	44:54
172	155	Nigel Sedman	V4527	Belle Vue Racers	41:04	244	63	Lucas Nightingale		Manchester Frontrunners	44:57
173	578	Luke McCrave		MMU Harriers	41:07	245	244	Mark Griffiths		Manchester Ymca H	45:00
174	234	Gary Wolstencroft	V4035	Manchester Triathlon	41:12	246	412	Peter Weatherhead	V60 9	Wirral AC	45:03
175	243	Eddie Gilligan	V4528	Manchester Ymca H	41:13	247	254	Steve Symons	V4543	Manchester Ymca H	45:07
176	670	Chris Leum		St Helens Sutton AC	41:18	248	447	Keith Parker	V5018	E Cheshire H&tameside AC	45:20
177	65	Stephen Pottage		Manchester Frontrunners	41:21	249	542	Paul Norris	V5019	Wilmslow RC	45:25
178	203	Ewan Holton		Manchester Triathlon	41:25	250	348	Paul Sanders		Stockport H&ac	45:25
179	554	Andy Watts	V60 4	Wilmslow RC	41:27	251	321	Nigel Harrison	V4544	Stockport H&ac	45:26
180	294	Rob Valentine	V4036	South Cheshire AC	41:28	252	610	Oliver Johnstone	V4047	Macclesfield H&ac	45:39
181	109	Rick Waring	V4037	Swinton RC	41:31	253	47	Chris Cooper		Manchester Frontrunners	45:40
182	480	Christopher Heys		Sale H Manchester	41:32	254	285	Stuart Mairs		Salford Met AC	45:42
183	582	Samuel Thornborrow		MMU Harriers	41:33	255	574	Lewis Green		MMU Harriers	45:43
184	571	Mark Cook	U2011	MMU Harriers	41:36	256	70	Stephen Scott		Manchester Frontrunners	45:47
185	472	Bill Fox	V55 4	Sale H Manchester	41:38	257	269	Vincent Murphy	V65 3	Salford H&ac	45:57
186	163	Steve Lomas	V4038	Macclesfield H&ac	41:42	258	344	Nick Roberts	V4048	Stockport H&ac	46:02
187	304	Alan McNally	V4529	St Helens Sutton AC	41:46	259	202	Jack Holmes		Manchester Triathlon	46:06
188	533	Richard Hiron	V4530	Wilmslow RC	41:50	260	284	Chris Jones	V4545	Salford Met AC	46:12
189	4	Robert Chesters		ABC Runners	41:53	261	154	Frank Rogers		Belle Vue Racers	46:15
190	55	Dave Hedges		Manchester Frontrunners	41:54	262	173	Mark Wheelton	V5020	Macclesfield H&ac	46:20
191	483	Alastair Kell	V4039	Sale H Manchester	41:57	263	667	Stephen Webb		Belle Vue Racers	46:22
192	423	Kevin Duckworth	V5011	E Cheshire H&tameside AC	42:00	264	251	Jon Paramor	V6010	Manchester Ymca H	46:42
193	8	Paul Kay	V55 5	ABC Runners	42:02	265	268	Dennis Moran	V65 4	Salford H&ac	46:45
194	525	Paul Garnett	V4531	Wilmslow RC	42:05	266	908	\$Ahmed Demnati		Unattached	46:52
195	515	Simon Bolton	V4532	Wilmslow RC	42:07	267	124	Colin Davies	V6011	Altrincham&district AC	46:54
196	147	Steve Bunyan	V4040	Belle Vue Racers	42:08	268	151	Barry Guy	V6012	Belle Vue Racers	46:56
197	426	Tony Faulkner	V4041	E Cheshire H&tameside AC	42:11	269	611	Nigel Goldfinch	V4049	Manchester Frontrunners	47:10
198	470	Adam Dooley	U2012	Sale H Manchester	42:11	270	279	Jack Carney	V5510	Salford Met AC	47:25
199	912	\$Patrick Donohue	V4533	Unattached	42:13	271	50	Jose Fernandez		Manchester Frontrunners	47:26
200	669	Francis Sweeney	V4534	Sale H Manchester	42:18	272	44	Iain Buchan	V4050	Manchester Frontrunners	47:27
201	21	Jim Brett	V55 6	Manchester H&ac	42:19	273	668	Roland Bowness	V65 5	Salford H&ac	47:33
202	129	Clive Greatorex	V4535	Altrincham&district AC	42:20	274	281	Brian Eyre	V5511	Salford Met AC	47:42
203	671	Graham Harrison	V5012	Altrincham&district AC	42:25	275	20	Arnold Bradshaw	V6013	Manchester H&ac	48:03
204	33	Chris Sewart		Manchester H&ac	42:30	276	29	Darren Mellor		Manchester H&ac	48:10
205	658	Ian White	V4536	St Helens Sutton AC	42:34	277	131	Mike Jones	V5512	Altrincham&district AC	48:14
206	566	Mike Barry		MMU Harriers	42:35	278	235	Jan Wong		Manchester Triathlon	48:47
207	425	Andrew Farley	V5013	E Cheshire H&tameside AC	42:36	279	100	John Pickup	V5021	Swinton RC	48:52
208	357	Robin Beaumont	V4537	Trafford AC	42:49	280	245	Steve Ingham	V5022	Manchester Ymca H	49:10
209	906	\$Peter Acland	V5014	Kendal Amateur Athletic Club	42:50	281	49	Trevor Fenton		Manchester Frontrunners	49:27
210	72	Peter Symonds	V5015	Manchester Frontrunners	42:54	282	517	Chris Cannon	V5513	Wilmslow RC	49:40
211	534	Tony Hulme	V60 5	Wilmslow RC	42:56	283	286	Andy O'Connell		Salford Met AC	49:49
212	673	Michael Lim		Manchester Triathlon	42:59	284	28	Steve McCall	V5023	Manchester H&ac	49:54
213	296	Greg Cams	V4042	St Helens Sutton AC	43:00	285	415	Howard Bamber	V5514	E Cheshire H&tameside AC	50:15
214	237	David Ashton	V60 6	Manchester Ymca H	43:02	286	455	Miran Arahamian	V5515	Sale H Manchester	50:43
215	421	Gary Coxson	V55 7	E Cheshire H&tameside AC	43:03	287	561	Stephen Granville	V5516	Middleton H AC	50:47
216	43	Stephen Brown		Manchester Frontrunners	43:04	288	622	Denis Kelly	V4051	Manchester H&ac	51:09
217	246	Rob Kedian		Manchester Ymca H	43:07	289	323	John Hughes	V4546	Stockport H&ac	51:12
218	910	\$Stuart Burthem		Unattached	43:11	290	187	Darren Cooper		Manchester Triathlon	51:16
219	416	John Bowker	V4538	E Cheshire H&tameside AC	43:18	291	105	Paul Shier		Swinton RC	51:49
220	504	Jerry Smith	V55 8	Sale H Manchester	43:21	292	595	Paul Hudson	V5517	Vale Royal AC	51:49
221	332	Steve Matkin	V5016	Stockport H&ac	43:27	293	36	William Staniard	V4547	Manchester H&ac	52:27
222	176	Mark Barker	V4539	Manchester Triathlon	43:31	294	52	Michael Goldie		Manchester Frontrunners	52:29
223	308	Len Best	V60 7	Stockport H&ac	43:36	295	115	Alan Barlow	V6014	Altrincham&district AC	52:38
224	594	Phil Robinson	V4043	St Helens Sutton AC	43:42	296	150	Kevin Egerton	V5518	Belle Vue Racers	52:54
225	570	Gary Chadwick		MMU Harriers	43:51	297	39	Dave Wood	V5024	Manchester H&ac	53:02
226	171	Alan Webster	V5017	Macclesfield H&ac	43:54	298	94	Steve Hart	V5025	Swinton RC	53:03
227	81	Charles Eggleston	V4540	Warrington Tri Club	44:00	299	601	Dave Batty	V4548	Swinton RC	53:06
228	623	Tommy Temple	V55 9	Salford H&ac	44:01	300	76	Colin Rathbone	V65 6	Vale Royal AC	53:09
229	177	Paul Barnard		Manchester Triathlon	44:09	301	25	David Gregory	V65 7	Manchester H&ac	53:34
230	647	Alexander Armstrong		ABC Runners	44:11	302	112	David Williamson	V4052	Swinton RC	53:47
231	148	James Corrigan		Belle Vue Racers	44:17	303	249	Ian Manners	V4549	Manchester Ymca H	53:58
232	42	Graham Bateson	V4044	Manchester Frontrunners	44:19	304	106	Andy Smith		Swinton RC	54:05
233	529	Patrick Grannan	V60 8	Wilmslow RC	44:20	305	451	David Salmon	V65 8	E Cheshire H&tameside AC	54:09
234	117	Andrew Barton		Altrincham&district AC	44:21	306	674	Brian Roberts	V65 9	Belle Vue Racers	54:22
235	583	Matty Vee		MMU Harriers	44:24	307	648	Henry Walker	V4053	Manchester Frontrunners	54:32
236	493	Andrew Mooney		Sale H Manchester	44:29	308	911	\$Sean McCarthy	V4550	Unattached	59:34
237	22	Michael Cunningham	V65 2	Manchester H&ac	44:30	309	311	Chris Bryans	V70 1	Stockport H&ac	59:37
238	156	Bernard Wagner		Belle Vue Racers	44:32						
239	149	Philip D'netto	V4045	Belle Vue Racers	44:33						
240	104	Paul Rutherford	V4541	Swinton RC	44:38						

### Senior Men - U20 — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	335	Jack Morris		Stockport H&ac	32:20	9	307	Jamie White		St Helens Sutton AC	36:15
2	482	Charlie Hulson		Sale H Manchester	32:27	10	663	Adam Soley	JM 2	South Cheshire AC	37:22
3	905	\$Jamie Webb	JM 1	Liverpool Harriers & Ac	34:32	11	258	Callum Corneille		Salford H&ac	37:32
4	481	Matt Holmes		Sale H Manchester	34:39	12	662	Russell Gibbons	JM 3	South Cheshire AC	37:47
5	127	Ryan Ganose		Altrincham&district AC	34:52	13	586	David Rich		Sale H Manchester	38:20
6	433	Joe Hudak		E Cheshire H&tameside AC	35:20	14	571	Mark Cook		MMU Harriers	41:36
7	293	Henry Valentine		South Cheshire AC	35:30	15	470	Adam Dooley		Sale H Manchester	42:11
8	612	James Grannan		Stockport H&ac	36:04						

### Senior Men - U20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	17 —	2 Charlie Hulson	3 Matt Holmes	12 David Rich
2 South Cheshire AC	26 —	6 Henry Valentine	9 Adam Soley	11 Russell Gibbons

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	100	—	8	Charlie Hulson	11 James Bailey	13 Gareth Raven	18 Ben Scarlett	21 Niall Brooks	29 Matt Holmes
2 Stockport H&ac	107	—	1	Steve Vernon	2 Patrick Martin	7 Jack Morris	10 James Scottbucleuch	40 Adrian Nutter	47 Kevan Gamer
3 Salford H&ac	121	—	6	Ben Riddell	9 Matthew Shaw	22 Mark Russell	26 James Williams	27 Howard Mead	31 Mike Graoe
4 Trafford AC	122	—	14	Tom Charles	15 James Bleakley	16 Gavin Tomlinson	19 Ben Martin	24 Ian Salisbury	34 Timothy Fletcher
5 E Cheshire H&tameside AC	215	—	3	Simon Horsefield	5 Christopher Kays	33 Howard Oldham	36 Joe Hudak	66 John Slone	72 Stephen Robinson
6 Altrincham&district AC	233	—	4	David Norman	20 Nick Leigh	32 Ryan Ganose	51 Colin Bannothonorton	59 Andrew Whittingham	67 Peter Abraham
7 Wilmslow RC	253	—	17	Malcolm Fowler	25 Rob Downs	39 Graham Macneill	42 Jim Pendrill	48 Tom McGaff	82 Andy Whittingham
8 Sale H Manchester 'B'	302	—	43	Phil Scowcroft	45 Stephen McCarron	46 Peter Crawford	54 Gary Rowlinson	56 Tim Brett	58 Richard Edwards
9 Manchester Triathlon	332	—	23	Paul Hawkins	28 Joe Skipper	37 Mark Tickle	75 Steven Worthington	77 Stephen Taylor	92 Brian Mullan
10 Stockport H&ac 'B'	393	—	49	James Corden	52 James Grannan	53 Phil Burns	62 Matt Townley	81 Richard Marlton	96 James Cashin
11 Sale H Manchester 'C'	470	—	60	Steven Townley	64 Fechin McCormick	69 Elton Davies	86 Jason Bowers	87 Carl Barber	104 Olivier Gaillemin
12 Swinton RC	488	—	30	Nick Hindle	63 Steve Doxey	71 Daniel Appleby	80 Darren Russell	114 Dan Bird	130 Mark Birchall
13 St Helens Sutton AC	521	—	44	Anthony Smith	55 Jamie White	68 Ian Costello	101 Barry Graney	119 Rob Marsh	134 Ian Hayburn
14 Trafford AC 'B'	552	—	50	Mike Hutchinson	79 Juanbannamedina	89 Vinny Booth	91 Dick Byers	120 Paul Mannion	123 Dave Maher
15 Salford H&ac 'B'	605	—	65	James O'Connor	70 Phil West	76 Mark Seed	85 Ian Jackson	88 Callum Corneille	221 Tommy Temple
16 Macclesfield H&ac	699	—	35	James Noakes	90 Chris Bentley	106 Robert Wilson	129 Tim Stock	157 Tim Walton	182 Steve Lomas
17 Stockport H&ac 'C'	728	—	97	Graham Marsland	99 Mike Shaw	109 Robert Taylor	125 Frank Reilly	131 Paul Nutter	167 Tim Hargreaves
18 E Cheshire H&tameside AC 'B'	748	—	78	Glenn Piper	100 Liam Browne	108 AlanKennedy	145 Francis Day	155 Derek Hughes	162 Daniel Bamber
19 Manchester Frontrunners	755	—	61	James Moles	102 Daniel Murphy	115 Jonathon Guildford	153 Ian Roberts	160 Tom Arnold	164 Roberto Raso
20 Manchester Triathlon 'B'	757	—	103	Paul Schofield	117 Andy Quicke	124 Ian Jones	133 Tim Johns	138 Colin Hammond	142 Roger Thomas
21 Manchester H&ac	771	—	41	Ed Fazakerley	98 Andy Skitt	143 Matt Whitehead	146 Jacques Sharkey	147 Ben Taylor	196 Jim Brett
22 Wilmslow RC 'B'	789	—	95	Graham Screamn	105 Mike Hill	127 Ray Eagle	141 Allan McCormick	156 StevenWyatt	165 Ian Smallwood
23 Altrincham&district AC 'B'	800	—	74	Dave Gilchrist	116 David Livingstone	128 Matt Billingham	136 Daniel Sate	149 Tim Raffle	197 Clive Greatorex
24 ABC Runners	854	—	107	Chris Green	132 Michael Hodgkinson	139 Dave Lovatt	140 Matt Shillabeer	151 Andrew Berry	185 Robert Chesters
25 Manchester Ymca H	860	—	73	David Garner	84 Lee Dunn	161 Ian Wilding	163 Roger Carter	171 Eddie Gilligan	208 David Ashton
26 Sale H Manchester 'D'	961	—	110	David Rich	111 Paul Barrett	178 Christopher Heys	181 Bill Fox	187 Alastair Kell	194 Adam Dooley
27 Vale Royal AC	989	—	12	Stuart Doyle	112 Steven Caldwell	135 Craig Sephton	154 Tony Archer	284 Paul Hudson	292 Colin Rathbone
28 St Helens Sutton AC 'B'	1064	—	144	Mark Liprot	158 Maurice Collins	172 Chris Leum	200 Ian White	207 Alan McNally	202 Greg Carns
29 Manchester Triathlon 'C'	1137	—	150	Alan Burton	170 Gary Wolstencroft	174 Ewan Holton	206 Michael Lim	215 Mark Barker	222 Paul Barnard
30 Wilmslow RC 'C'	1171	—	175	Andy Watts	184 Richard Hiron	190 Paul Garnett	191 Simon Bolton	205 Tony Hulme	226 Patrick Grannan
31 MMU Harriers	1175	—	169	Luke McCrave	179 Samuel Thornborrow	180 Mark Cook	201 Mike Barry	218 Gary Chadwick	228 Matty Vee
32 Manchester Frontrunners 'B'	1235	—	173	Stephen Pottage	186 Dave Hedges	204 Peter Symonds	210 Stephen Brown	225 Graham Bateson	237 Lucas Nightingale
33 E Cheshire H&tameside AC 'C'	1245	—	188	Kevin Duckworth	193 Tony Faulkner	202 Andrew Farley	209 Gary Coxson	212 John Bowker	241 Keith Parker
34 Salford Met AC	1297	—	121	Shane Wolstencroft	148 Paul Connolly	247 Stuart Mairs	253 Chris Jones	262 Jack Carney	266 Brian Eyre
35 Belle Vue Racers	1301	—	168	Nigel Sedman	192 SteveBunyan	224 James Corrigan	231 Bernard Wagner	232 Philip D'netto	254 Frank Rogers
36 Stockport H&ac 'D'	1402	—	214	Steve Matkin	216 Len Best	234 Darren Hales	243 Paul Sanders	244 Nigel Harrison	251 Nick Roberts
37 Swinton RC 'B'	1420	—	166	Chris Lomax	177 Rick Waring	233 Paul Rutherford	271 John Pickup	284 Paul Shier	290 Steve Hart
38 Manchester Ymca H 'B'	1513	—	211	Rob Kedian	238 Mark Griffiths	240 Steve Symons	257 Jon Paramor	272 Steve Ingham	295 Ian Manners
39 Manchester H&ac 'B'	1520	—	199	Chris Sewart	230 Michael Cunningham	267 Arnold Bradshaw	268 Darren Mellor	276 Steve McCall	280 Denis Kelly
40 Manchester Frontrunners 'C'	1556	—	246	Chris Cooper	249 Stephen Scott	261 Nigel Goldfinch	263 Jose Fernandez	264 Iain Buchan	273 Trevor Fenton

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	23	—	2	Malcolm Fowler	5 Rob Downs	7 Graham Macneill	9 Jim Pendrill
2 Salford H&ac	79	—	3	Mark Russell	20 James O'Connor	25 Mark Seed	31 Ian Jackson
3 Trafford AC	83	—	4	Ian Salisbury	14 Mike Hutchinson	32 Vinny Booth	33 Dick Byers
4 Stockport H&ac	89	—	11	Kevan Garner	13 James Corden	28 Richard Marlton	37 Graham Marsland
5 St Helens Sutton AC	116	—	10	Anthony Smith	21 Ian Costello	39 Barry Graney	46 Rob Marsh
6 Wilmslow RC 'B'	118	—	12	Tom McGaff	29 Andy Whittingham	36 Graham Screamn	41 Mike Hill
7 Sale H Manchester	134	—	15	Gary Rowlinson	19 Steve Brett	19 Fechin McCormick	84 Bill Fox
8 E Cheshire H&tameside AC	154	—	22	Stephen Robinson	27 Glenn Piper	43 Alan Kennedy	62 Francis Day
9 Manchester Triathlon	155	—	26	Stephen Taylor	34 Brian Mullan	40 Paul Schofield	55 Tim Johns
10 Macclesfield H&ac	171	—	6	James Noakes	42 Robert Wilson	53 Tim Stock	70 Tim Walton
11 Stockport H&ac 'B'	186	—	38	Mike Shaw	44 Robert Taylor	50 Frank Reilly	54 Paul Nutter
12 Manchester H&ac	195	—	8	Ed Fazakerley	60 Matt Whitehead	63 Jacques Sharkey	64 Ben Taylor
13 Manchester Ymca H	206	—	23	David Garner	30 Lee Dunn	73 Roger Carter	80 Eddie Gilligan
14 Altrincham&district AC	231	—	24	Dave Gilchrist	45 David Livingstone	65 Tim Raffle	97 Clive Greatorex
15 St Helens Sutton AC 'B'	274	—	56	Ian Hayburn	61 Mark Liprot	71 Maurice Collins	86 Alan McNally
16 Wilmslow RC 'C'	277	—	52	Ray Eagle	69 Steven Wyatt	75 Ian Smallwood	81 Andy Watts
17 Vale Royal AC	278	—	1	Stuart Doyle	57 Craig Sephton	67 Tony Archer	153 Paul Hudson
18 Swinton RC	297	—	18	Steve Doxey	76 Chris Lomax	83 Rick Waring	120 Paul Rutherford
19 E Cheshire H&tameside AC 'B'	351	—	68	Derek Hughes	89 Kevin Duckworth	94 Tony Faulkner	100 Andrew Farley
20 Manchester Triathlon 'B'	369	—	58	Colin Hammond	79 Gary Wolstencroft	110 Mark Barker	122 Michael Ogden
21 Wilmslow RC 'D'	373	—	87	Richard Hiron	91 Paul Garnett	92 Simon Bolton	103 Tony Hulme
22 Stockport H&ac 'C'	418	—	77	Tim Hargreaves	109 Steve Matkin	111 Len Best	121 Darren Hales
23 Belle Vue Racers	426	—	78	Nigel Sedman	93 Steve Bunyan	119 Philip D'netto	136 Barry Guy
24 Manchester Frontrunners	429	—	74	Roberto Raso	102 Peter Symonds	116 Graham Bateson	137 Nigel Goldfinch
25 Sale H Manchester 'B'	440	—	88	Alastair Kell	95 Francis Sweeney	108 Jerry Smith	149 Miran Abrahamian
26 Macclesfield H&ac 'B'	458	—	85	Steve Lomas	113 Alan Webster	128 Oliver Johnstone	132 Mark Wheelton
27 Salford Met AC	458	—	48	Shane Wolstencroft	131 Chris Jones	138 Jack Carney	141 Brian Eyre
28 E Cheshire H&tameside AC 'C'	486	—	106	Gary Coxson	107 John Bowker	125 Keith Parker	148 Howard Bamber
29 Manchester H&ac 'B'	503	—	96	Jim Brett	118 Michael Cunningham	142 Arnold Bradshaw	147 Steve McCall
30 Manchester Ymca H 'B'	507	—	105	David Ashton	124 Steve Symons	133 Jon Paramor	145 Steve Ingham
31 Salford H&ac 'B'	518	—	115	Tommy Temple	129 Vincent Murphy	134 Dennis Moran	140 Roland Bowness
32 Altrincham&district AC 'B'	531	—	98	Graham Harrison	135 Colin Davies	143 Mike Jones	155 Alan Barlow
33 Stockport H&ac 'D'	576	—	127	Nigel Harrison	130 Nick Roberts	152 John Hughes	167 Chris Bryans
34 Manchester H&ac 'C'	623	—	151	Denis Kelly	154 William Staniard	157 Dave Wood	161 David Gregory
35 Swinton RC 'B'	623	—	144	John Pickup	158 Steve Hart	159 Dave Batty	162 David Williamson

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Men (Vets) — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	657	Stuart Doyle	V40 1	Vale Royal AC	32:40
2	524	Malcolm Fowler	V45 1	Wilmslow RC	33:13
3	271	Mark Russell	V40 2	Salford H&ac	33:45
4	399	Ian Salisbury	V40 3	Trafford AC	34:09
5	520	Rob Downs	V45 2	Wilmslow RC	34:10
6	167	James Noakes	V40 4	Macclesfield H&ac	35:19
7	536	Graham Macneill	V45 3	Wilmslow RC	35:32
8	23	Ed Fazakerley	V40 5	Manchester H&ac	35:38
9	544	Jim Pendrill	V40 6	Wilmslow RC	35:39
10	672	Anthony Smith	V40 7	St Helens Sutton AC	35:48
11	317	Kevan Garner	V45 4	Stockport H&ac	35:58
12	538	Tom McGaff	V55 1	Wilmslow RC	36:00
13	316	James Corden	V40 8	Stockport H&ac	36:01
14	382	Mike Hutchinson	V45 5	Trafford AC	36:02
15	500	Gary Rowlinson	V45 6	Sale H Manchester	36:08
16	463	Tim Brett	V45 7	Sale H Manchester	36:26
17	289	Michael Hatton	V50 1	South Cheshire AC	36:30
18	91	Steve Doxey	V50 2	Swinton RC	36:45
19	491	Fechin McCormick	V60 1	Sale H Manchester	36:47
20	270	James O'Connor	V40 9	Salford H&ac	36:48
21	297	Ian Costello	V4010	St Helens Sutton AC	37:00
22	450	Stephen Robinson	V50 3	E Cheshire H&tameside AC	37:09
23	242	David Garner	V45 8	Manchester Ymca H	37:10
24	128	Dave Gilchrist	V45 9	Altrincham&district AC	37:11
25	272	Mark Seed	V4011	Salford H&ac	37:13
26	229	Stephen Taylor	V4012	Manchester Triathlon	37:14
27	448	Glenn Piper	V4510	E Cheshire H&tameside AC	37:15
28	329	Richard Marlton	V4013	Stockport H&ac	37:20
29	556	Andy Whittingham	V4014	Wilmslow RC	37:21
30	241	Lee Dunn	V4015	Manchester Ymca H	37:23
31	264	Ian Jackson	V4016	Salford H&ac	37:24
32	361	Vinny Booth	V4511	Trafford AC	37:32
33	364	Dick Byers	V4512	Trafford AC	37:40
34	217	Brian Mullan	V4017	Manchester Triathlon	37:44
35	675	Stephen Burthem	V50 4	Warrington Athletic Club	37:48
36	547	Graham Screawn	V4018	Wilmslow RC	37:50
37	330	Graham Marsland	V4019	Stockport H&ac	37:52
38	349	Mike Shaw	V4513	Stockport H&ac	37:56
39	591	Barry Graney	V4020	St Helens Sutton AC	38:00
40	225	Paul Schofield	V4021	Manchester Triathlon	38:03
41	532	Mike Hill	V4514	Wilmslow RC	38:05
42	174	Robert Wilson	V4022	Macclesfield H&ac	38:08
43	438	Alan Kennedy	V4515	E Cheshire H&tameside AC	38:14
44	352	Robert Taylor	V60 2	Stockport H&ac	38:17
45	132	David Livingstone	V4023	Altrincham&district AC	38:35
46	303	Rob Marsh	V4024	St Helens Sutton AC	38:46
47	386	Paul Mannion	V4516	Trafford AC	38:48
48	288	Shane Wolstencroft	V4025	Salford Met AC	38:51
49	410	John Cross	V4026	Wirral AC	38:52
50	343	Frank Reilly	V65 1	Stockport H&ac	38:54
51	77	Carl Bibby	V4517	Warrington Tri Club	39:00
52	521	Ray Eagle	V55 2	Wilmslow RC	39:07
53	169	Tim Stock	V4518	Macclesfield H&ac	39:09
54	340	Paul Nutter	V4027	Stockport H&ac	39:12
55	206	Tim Johns	V4028	Manchester Triathlon	39:15
56	299	Ian Hayburn	V4029	St Helens Sutton AC	39:17
57	603	Craig Sephton	V4030	Vale Royal AC	39:18
58	197	Colin Hammond	V4519	Manchester Triathlon	39:35
59	11	Dave Lovatt	V50 5	ABC Runners	39:37
60	38	Matt Whitehead	V4520	Manchester H&ac	39:42
61	302	Mark Liptrot	V50 6	St Helens Sutton AC	39:43
62	422	Francis Day	V60 3	E Cheshire H&tameside AC	39:45
63	34	Jacques Sharkey	V4521	Manchester H&ac	39:47
64	37	Ben Taylor	V4031	Manchester H&ac	39:49
65	140	Tim Raffle	V4522	Altrincham&district AC	39:55
66	1	Andrew Berry	V4032	ABC Runners	40:00
67	614	Tony Archer	V55 3	Vale Royal AC	40:08
68	434	Derek Hughes	V50 7	E Cheshire H&tameside AC	40:11
69	613	Steven Wyatt	V50 8	Wilmslow RC	40:12
70	604	Tim Walton	V4033	Macclesfield H&ac	40:15
71	590	Maurice Collins	V4523	St Helens Sutton AC	40:16
72	369	Duncan Drasdo	V4524	Trafford AC	40:17
73	239	Roger Carter	V50 9	Manchester Ymca H	40:46
74	67	Roberto Raso	V4525	Manchester Frontrunners	40:47
75	549	Ian Smallwood	V4526	Wilmslow RC	40:52
76	98	Chris Lomax	V4034	Swinton RC	40:56
77	320	Tim Hargreaves	V5010	Stockport H&ac	40:59
78	155	Nigel Sedman	V4527	Belle Vue Racers	41:04
79	234	Gary Wolstencroft	V4035	Manchester Triathlon	41:12
80	243	Eddie Gilligan	V4528	Manchester Ymca H	41:13
81	554	Andy Watts	V60 4	Wilmslow RC	41:27
82	294	Rob Valentine	V4036	South Cheshire AC	41:28
83	109	Rick Waring	V4037	Swinton RC	41:31
84	472	Bill Fox	V55 4	Sale H Manchester	41:38
85	163	Steve Lomas	V4038	Macclesfield H&ac	41:42
86	304	Alan McNally	V4529	St Helens Sutton AC	41:46
87	533	Richard Hiron	V4530	Wilmslow RC	41:50
88	483	Alastair Kell	V4039	Sale H Manchester	41:57
89	423	Kevin Duckworth	V5011	E Cheshire H&tameside AC	42:00
90	8	Paul Kay	V55 5	ABC Runners	42:02
91	525	Paul Garnett	V4531	Wilmslow RC	42:05
92	515	Simon Bolton	V4532	Wilmslow RC	42:07
93	147	Steve Bunyan	V4040	Belle Vue Racers	42:08
94	426	Tony Faulkner	V4041	E Cheshire H&tameside AC	42:11
95	912	\$Patrick Donohue	V4533	Unattached	42:13
96	669	Francis Sweeney	V4534	Sale H Manchester	42:18
97	21	Jim Brett	V55 6	Manchester H&ac	42:19
98	129	Clive Greatorex	V4535	Altrincham&district AC	42:20
99	671	Graham Harrison	V5012	Altrincham&district AC	42:25
100	658	Ian White	V4536	St Helens Sutton AC	42:34
101	425	Andrew Farley	V5013	E Cheshire H&tameside AC	42:36
102	357	Robin Beaumont	V4537	Trafford AC	42:49
103	906	\$Peter Acland	V5014	Kendal Amateur Athletic Club	42:50
104	72	Peter Symonds	V5015	Manchester Frontrunners	42:54
105	534	Tony Hulme	V60 5	Wilmslow RC	42:56
106	296	Greg Carns	V4042	St Helens Sutton AC	43:00
107	237	David Ashton	V60 6	Manchester Ymca H	43:02
108	421	Gary Coxson	V55 7	E Cheshire H&tameside AC	43:03
109	416	John Bowker	V4538	E Cheshire H&tameside AC	43:18
110	504	Jerry Smith	V55 8	Sale H Manchester	43:21
111	332	Steve Matkin	V5016	Stockport H&ac	43:27
112	176	Mark Barker	V4539	Manchester Triathlon	43:31
113	308	Len Best	V60 7	Stockport H&ac	43:36
114	594	Phil Robinson	V4043	St Helens Sutton AC	43:42
115	171	Alan Webster	V5017	Macclesfield H&ac	43:54
116	81	Charles Eggleston	V4540	Warrington Tri Club	44:00
117	623	Tommy Temple	V55 9	Salford H&ac	44:01
118	42	Graham Bateson	V4044	Manchester Frontrunners	44:19
119	529	Patrick Grannan	V60 8	Wilmslow RC	44:20
120	22	Michael Cunningham	V65 2	Manchester H&ac	44:30
121	149	Philip D'netto	V4045	Belle Vue Racers	44:33
122	104	Paul Rutherford	V4541	Swinton RC	44:38
123	319	Darren Hales	V4046	Stockport H&ac	44:46
124	602	Michael Ogden	V4542	Manchester Triathlon	44:54
125	412	Peter Weatherhead	V60 9	Wirral AC	45:03
126	254	Steve Symons	V4543	Manchester Ymca H	45:07
127	447	Keith Parker	V5018	E Cheshire H&tameside AC	45:20
128	542	Paul Norris	V5019	Wilmslow RC	45:25
129	321	Nigel Harrison	V4544	Stockport H&ac	45:26
130	610	Oliver Johnstone	V4047	Macclesfield H&ac	45:39
131	269	Vincent Murphy	V65 3	Salford H&ac	45:57
132	344	Nick Roberts	V4048	Stockport H&ac	46:02
133	284	Chris Jones	V4545	Salford Met AC	46:12
134	173	Mark Wheelton	V5020	Macclesfield H&ac	46:20
135	251	Jon Paramor	V6010	Manchester Ymca H	46:42
136	268	Dennis Moran	V65 4	Salford H&ac	46:45
137	124	Colin Davies	V6011	Altrincham&district AC	46:54
138	151	Barry Guy	V6012	Belle Vue Racers	46:56
139	611	Nigel Goldfinch	V4049	Manchester Frontrunners	47:10
140	279	Jack Carney	V5510	Salford Met AC	47:25
141	44	Iain Buchan	V4050	Manchester Frontrunners	47:27
142	668	Roland Bowness	V65 5	Salford H&ac	47:33
143	281	Brian Eyre	V5511	Salford Met AC	47:42
144	20	Arnold Bradshaw	V6013	Manchester H&ac	48:03
145	131	Mike Jones	V5512	Altrincham&district AC	48:14
146	100	John Pickup	V5021	Swinton RC	48:52
147	245	Steve Ingham	V5022	Manchester Ymca H	49:10
148	517	Chris Cannon	V5513	Wilmslow RC	49:40
149	28	Steve McCall	V5023	Manchester H&ac	49:54
150	415	Howard Bamber	V5514	E Cheshire H&tameside AC	50:15
151	455	Miran Arahamian	V5515	Sale H Manchester	50:43
152	561	Stephen Granville	V5516	Middleton H AC	50:47
153	622	Denis Kelly	V4051	Manchester H&ac	51:09
154	323	John Hughes	V4546	Stockport H&ac	51:12
155	595	Paul Hudson	V5517	Vale Royal AC	51:49
156	36	William Staniard	V4547	Manchester H&ac	52:27
157	115	Alan Barlow	V6014	Altrincham&district AC	52:38
158	150	Kevin Egerton	V5518	Belle Vue Racers	52:54
159	39	Dave Wood	V5024	Manchester H&ac	53:02
160	94	Steve Hart	V5025	Swinton RC	53:03
161	601	Dave Batty	V4548	Swinton RC	53:06
162	76	Colin Rathbone	V65 6	Vale Royal AC	53:09
163	25	David Gregory	V65 7	Manchester H&ac	53:34
164	112	David Williamson	V4052	Swinton RC	53:47
165	249	Ian Manners	V4549	Manchester Ymca H	53:58
166	451	David Salmon	V65 8	E Cheshire H&tameside AC	54:09
167	674	Brian Roberts	V65 9	Belle Vue Racers	54:22
168	648	Henry Walker	V4053	Manchester Frontrunners	54:32
169	911	\$Sean McCarthy	V4550	Unattached	59:34
170	311	Chris Bryans	V70 1	Stockport H&ac	59:37