



Wirral A C Newsletter

No 180 Jan/Feb 2011

Editor: L J Carroll

Northern Medals Indoors and Out

Club members picked up four Northern medals in the last couple of weeks. At the indoor championships in Sheffield Lauren Sharp took the U15 LJ bronze with a jump of 4.92m, a few cms below her PB. Sean Cookson went one better, with silver in the U17 LJ and a massive new PB of 6.51m, just 8cms off the gold. Sam Landsborough finished 3rd in the U20 200m, producing his fastest run of the day, 22.57secs, in the final.

Hannah Jones was just out of the medals with 4th in the U17 300m and also made the final of the 200m. Emma Wilson reached the final of the U17 60m, with a best of 8.18secs in the semi. Also making the semi-finals were : Peter Wilson (Sen 400m), Georgia Rowan (U15 60m and 200m), James Williams (Sen 60m and 200m) and Kristian Brown (U17 60m)

The outdoor success came in the U13 Girls race in the cross-country championships in Sunderland as Sophie Tarver confirmed the impressive form which brought her the Merseyside title at the start of the year. The Cheshire Champion, Hannah Knowle-Jones of Warrington, established a significant lead on the first circuit, with Sophie always in contention among the chasers. Last year's champion, Bethanie Donnelly of East Cheshire came through strongly in the closing stages to take second place just 4 seconds ahead of Sophie. Hope of another medal in the U17 Women faded as Hanna Tarver retired when well placed.

Best of the rest at Sunderland was a gutsy run by Nick Jones to finish 4th in his first year in the U17 Men, but with Conor Flanagan (99th) our only other finisher, we again failed to close a team in this age group. Both the U15 and U13 Boys teams were considerably weakened by absences. Richard Evans had the best run for the U15 Boys in 30th place, with Will Patterson (67), Charlie Quinn (78) and Guy Reeve (87) completing the count for 7th place. The U13 finished 13th but on a positive note we did turn out 8 runners. Gabriel Cooper (60) led them home, with Alex McBain (73), Mike Smith (83) and David Jamieson (94) making up the counting four.

While the early races were run on frozen ground, the Senior Men had to contend with a relentless quagmire. To their considerable credit in such trying conditions, the winner, Tom Lancashire and the defending champion, Steve Vernon produced a classic confrontation worthy of a championship. Ten Seniors made the trip, Mark Hulmston being first up in 142nd place followed by Peter Scarrett (169), with Kevin Buxton (204), Tony Devoy (215), Simon Fox (225) and Will Ferguson (257) completing the counting six. Gary Wilson (322), NickWilson (329), Mark Morris (377) and Nigel Pratten (432) also finished. Phil Robertson (52) and Ben Costello (60) kept the Wirral flag flying in the U20 race.

Wirral A C
Centenary Formal Dinner
14th May 2011
6.30pm - 1.00am
Guest Speaker
Dr. Ron Hill MBE
Leverhume Hotel, Port Sunlight
Reception drinks, dinner & dancing
Tickets for the dinner are available from Julie
Gibson & Leo Carroll
£35 per ticket Cheques made payable to Wirral
Athletic Club
Please reserve your ticket by contacting
07734109173 or e-Mail julie.gibson60@ntlworld.com
Formal Dress Code

Merseyside CC Round-Up

Like the proverbial parson's egg, the Merseyside County Cross Country Championships proved good in parts. We provided 5 champions with Sophie Tarver (U13), Nick Jones and Hanna Tarver (U17s) as well as John Hunt (M40-49) and Sarah Kearney (F35-44). Lisa Grantham made a useful championship debut, taking 2nd place in the F35-44 age group. We also won the U17 Mens team and nicked Southport Waterloo for second in the Senior Men. Dan Jarvis and Emily Kearney ran well for second in the U15 races, but while second was an encouraging performance in the Girls team race, being beaten by Southport Waterloo on count-back in the Boys race was a major disappointment after holding the title since 2008.

As usual we had more finishers in the U13 Boys than any other club, but had to wait until 7th for the first counter and ended up 3rd behind Harriers and Southport Waterloo. All credit to Alex McBain (7), Gabriel Cooper (10), Mike Smith (11) and George Patterson (12), but we missed the services of the injured James Taylor.

The U13 Girls took second behind Harriers with Nicola Harris, Katie Westby and Aileen Kearney the counters supporting Sophie Tarver.

In the U20 Men, we could only raise Ben Costello (5), Phil Robertson (8) and David Brockway (13) on the day and did not close a team.

The Senior Men were strengthened by two second claim members using their Merseyside birth qualifications to compete. Tom Madden ran very impressively for third to deny Harriers a clean sweep of the individual medals, while Matthew Donnery was unfortunate not to finish higher than 9th after going off course in the last lap. John Hunt (13) was next up with Steve Spence (17), Mark Hulmston (24) and Simon Fox (42) completing the count.

Coming soon.....

Feb 5	Northern Masters Indoors	EIS, Sheffield
	Merseyside Schools CC	TBA
Feb 6	L&D CC Champs	Clarke Gardens
Feb 13	Borders Road League	West Cheshire
Feb 19	English National CC	Alton Towers
Feb 27	Wirral AC Senior Champs	Arrowe Pk 11am
Mar 5	Inter Counties	Birmingham
Mar 12	Northern Schools	Stockport
Mar 13	Borders Road League	Mold
Mar 15	Wirral Short Course CC	Arrowe Pk 4.30
Mar 19	English Schools CC	Nottingham
Mar 20	Northern 12/6 stage relays	Catterick
Mar 22	Wirral Short Course CC	Arrowe Pk 4.30
Mar 27	Borders Road League	Deeside College
Mar 29	Wirral Short Course CC	Arrowe Pk 4.30
Apr 9	National 12/6 stage	Sutton Park
Apr 17	London Marathon	London
	LHAC Medal Meeting	Wavertree
Apr 23	Merseyside Fell Champs	Rivington
Apr 27	Borders League	Wrexham
	(Presentation night)	
May 1	National Junior League	Blackburn
May 4	Wirral AC Schools T&F	Oval
May 7	Northern T&F League	Oval
May 8	McCains YA League	Sheffield
May 14	Merseyside T&F Champs	Wavertree
	Centenary Dinner	Leverhulme Hotel
May 22	McCains YA League	Wavertree
May 29	National Junior League	Wavertree
Jun 4	Northern T&F League	Wavertree
Jun 8	Birkenhead Park Races	Birkenhead Pk

Donnelly Flying

If you look over Jordan these days, rather than someone coming to carry you home, you may see is a young man in a hurry. Jordan Donnelly followed up third place in the Southern Indoor 1500m Championship, with a PB of 1m 51.75s winning his 800m race in the London Games at Lee Valley. This qualifies him for the UK Championships at Sheffield on Feb 12/13. The heats of the 800m are on Saturday, Feb 12 at 15.45pm - keep a look-out for him.

Here he is on right running the fastest Wirral short leg in the Northern 12 stage in 2008. He needed the gloves - later legs were run in a snowstorm.



'100' Club Winners

December

£12 D Hanna, £6 N Waterson £3 M E Morrell

January

£12 J Money, £6 M Gummerson £3 L Carroll

We need more subscribers to the draw. Contact Chris Wilding on 334 9518 or via wildones@ntlworld.com to join or renew.

Club Vests

The official stockists of club vests are:

Runners Sport & Leisurewear

66, Bebington Road, New Ferry.

Vests : £13 ; Green shorts : £10.

They will deal by mail - 0151 644 8384

They have recently opened a second shop at 28 Birkenhead Road, Hoylake.