

# Fun & Fitness with the Ability Squad.

For young people with special needs.

Do you like racing, jumping, throwing or just playing games, having fun and keeping fit ?

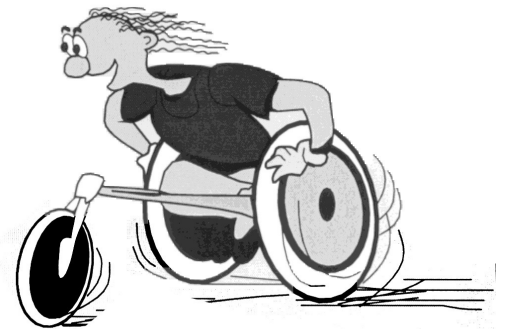
The Ability Squad is for you.

We provide fun activities for all levels of ability led by qualified coaches.



We meet every  
Thursday from 6-7 pm  
at Bebington Oval, Sports Hall,  
New Chester Rd.

Come along and take part, make friends  
and have fun



The Ability squad is part of Wirral Athletic Club.  
We have over 10 years experience in coaching young  
athletes and have been recognised as a model of good  
practice by the English Federation of Disability Sport.

Contact :

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