

# BIRKENHEAD PARK FIVE

June 9th, 2004

Women are also listed separately on the back page

Leaders Mile Times:

4.56 / 4 49.4 / 4 48.6 / 4 45.2 / 4 46.2

New course record for M60 by John Cottrell (Wallasey AC) 29.50

1	McGlory P	LivH	M	24.05	46	Phil O'Rouke	LRC	M40	32.03
2	James Boardman	LPS	M	24.11	47	Gibbs C	Wirral	M40	32.17
3	Heap J	Hallam	M	24.51	48	Taylor M	Helsby	M	32.19
4	Mellor J	LivH	MU20	25.19	49	Smith J	Unattd	M50	32.21
5	Richard Shearer	LHAC	M	25.48	50	Gemma Connolly	Unattd	F	32.21
6	Simon McKeivitt	LHAC	M	25.49	51	Pat Riley	Wallsy	M	32.31
7	Tony O'Brien	Unattd	M	25.54	52	Cain C	Unattd	M40	32.32
8	J Parkinson	LHAC	M40	25.56	53	Fox S	Wirral	M	32.33
9	Glen Groves	LHAC	M	26.13	54	Pratten N	Wirral	M60	32.40
10	Michael Stanley	Wallsy	M40	26.27	55	John Daniels	Helsby	M50	32.41
11	Ian Maguire	LRC	M	26.42	56	Mark Young	LRC	M	32.47
12	Phil Davis-Peerless	Wirral	M	26.43	57	Dave Walton	Wallsy	M50	32.58
13	Adam Peers	Wirral	MU20	27.06	58	Carpenter P	Unattd	M40	32.58
14	Ray Cole	LHAC	M40	27.07	59	Andy Roberts	Unattd	M	33.23
15	Potts C	LivRC	M	27.09	60	Natalie Cheers	LRC	F	33.24
16	David Norman	Helsby	M45	27.10	61	Craig K	LtlwdRC	M40	33.25
17	Mark Hulmsten	Wirral	M	27.11	62	Fiona Wright	MssHAC	F35	33.26
18	Ian Cooper	EllesPt	M40	27.27	63	Susan Cain	Penny L	F45	33.28
19	James Meldrum	LHAC	M	27.30	64	Geoff Shaw	Helsby	M50	33.29
20	Anthony McDevitt	Wirral	M50	27.36	65	Sarah Cheetham	Unattd	F	33.46
21	Peter Scarratt	Wirral	M40	27.58	66	Clarey A	MssHAC	M50	33.51
22	John Earliston	Abrgle	M40	28.00	67	Graham Jones	Unattd	M40	34.02
23	Devoy A	Wirral	M45	28.15	68	Thomas N	BkhdAC	M	34.08
24	Robbie McKeever	Unattd	M	28.26	69	Doyle M	LivRC	F50	34.10
25	David Edwards	LRC	M40	28.31	70	Baggaley H	Unattd	M50	34.11
26	Chris Davies	Unattd	M40	28.55	71	Shaun Lewis	Unattd	M40	34.13
27	Jamie Pullin	Wallsy	M	29.02	72	Alisdair Wilson	Wirral	M	34.32
28	Carl Muise	Wirral	MU20	29.24	73	Francis McHale	Tattnhll	M55	34.35
29	Darrell Soden	LPS	M50	29.35	74	Andy Pennington	Unattd	M	34.49
30	Peter Weatherhead	Wirral	M50	29.47	75	Paul Brown	Unattd	M	34.54
31	Cottrell J	Wallsy	M60	29.50	76	Chris Lamb	Tattnhll	M55	35.01
32	Keith Hatton	LHAC	M45	30.02	77	Taylor B	Helsby	M	35.03
33	Neil Kerwin	Unattd	M	30.09	78	Sue Greene	LRC	F45	35.05
34	McLaughlin K	Unattd	M	30.18	79	Mike Hallsworth	Helsby	M50	35.11
35	Broadfoot S	NVets	M40	30.43	80	Shaw C	Helsby	F40	35.12
36	Ian Palin	LPS	M	31.04	81	Fox J	Wirral	F40	35.15
37	Metcalfe A	MssHAC	M50	31.12	82	Hannah McManus	LivH	FU20	35.15
38	Connolly J	StaffsH	M	31.20	83	Simone Capponi	PennyL	M	35.32
39	Cliff P	Unattd	M	31.31	84	Vanessa Griffiths	Helsby	F40	35.33
40	Stephen O'Neill	Unattd	M50	31.33	85	Fennelly I	Unattd	M40	35.34
41	Andy Smith	Helsby	M40	31.35	86	Pinnington T	Unattd	M40	35.50
42	Downey J	Wirral	M40	31.38	87	Les Isaacs	Pensby	M45	35.57
43	Steve Pemberton	Penny L	M50	31.52	88	Holland J	Unattd	M	36.23
44	Roberts F	Pensby	M50	31.58	89	James Crofts	Unattd	M	36.23
45	Paul Forster	Wirral	M45	32.01	90	Ruddock I	MssHAC	M	36.26

91	John Vis	S/W AC	M40	36.27	150	McLoon JPJ	LPS	M70	45.32
92	Lonsdale P	Wallsy	M65	36.28	151	Lyn Ebbrell	Wirral	F40	46.02
93	Gen Williams	MssHAC	F50	36.31	152	Robert Huntbach	Helsby	M50	46.08
94	M Whiteside-Ehlen	Unattd	M	36.36	153	Dave Grundy	BknhdAC	M55	46.47
95	Carl Robinson	Unattd	M	36.38	154	Monica Brown	Penny L	F60	46.52
96	Davies N	Wallsy	F50	36.44	155	Norman Grundy	BknhdAC	M60	47.57
97	Robbie Webster	Helsby	M60	36.47	156	Smith M	LttlwdRC	M	48.41
98	Catherine Nevin	PennyL	F45	36.49	157	Howard J	Unattd	F40	49.39
99	Celia Fitzsimmons	STHelSut	F55	36.52	158	Fairbairn M	Unattd	F45	49.39
100	Greenwood H	PicRC	M55	36.57	159	Roger Lyon	Unattd	M50	49.43
101	Elson W	Unattd	M55	37.14	160	Elliott J	Unattd	F45	49.54
102	Campbell Gillespie	LRC	M45	37.16					
103	Tony Roberts	Unattd	M40	37.19					
104	John Crilley	MssHAC	M50	37.24					
105	Angela Shurie	LRC	F	37.26					
106	Robbie McKeever	Unattd	M	37.40					
107	Ivor Johnstone	Helsby	M	37.42					
108	Christine Cutner	S/W AC	F50	37.49					
109	Steven MacDonald	Unattd	M	37.59					
110	Brian Grice	S/W AC	M55	38.06					
111	Debra Naden	LRC	F40	38.14					
112	Nick Sanderson	Unattd	M	38.25					
113	Karen Dalby	LHAC	F40	38.35					
114	Andy Todd	Helsby	M60	38.40					
115	Anne Ferry	LRC	F50	38.47					
116	J Krasley	Helsby	F45	38.55					
117	Wilmin S	Marconi	M	39.02					
118	Steve Bonney	S/W AC	M55	39.14					
119	G Ferguson	Unattd	M	39.16					
120	Martin I	Unattd	M	39.22					
121	Tony Barnes	MssHAC	M50	39.29					
122	David Dillon	Unattd	M45	39.32					
123	Oakes G	Unattd	M50	39.36					
124	Kieron	Unattd	M50	39.37					
125	Carson C	PennyL	F50	40.00					
126	Greg Smith	Unattd	M	40.03					
127	Paul Fryer	WestKby	M45	40.05					
128	Denorah Woods	LRC	F35	40.08					
129	Holmes J	BkhdAC	M50	40.17					
130	Quigley P	BkhdAC	M40	40.20					
131	Banks A	Unattd	M	40.24					
132	Tracey Rimmer	Wallsy	F	40.35					
133	Watson N	MssHAC	F	40.46					
134	Spencer R	Wirral	M45	40.49					
135	Mason S	MssHAC	F	40.57					
136	Kathleen Rafferty	BknhdAC	F35	41.01					
137	Maria Brockway	Wirral	F40	41.07					
138	Anthony Brockway	Wirral	M40	41.39					
139	Thornton R	Unattd	M60	41.42					
140	Oxton M	Wirral	F45	42.09					
141	Jonathan Sharps	Unattd	M	42.10					
142	J Dunne	LPS	M55	42.17					
143	Martin K	Unattd	M40	42.20					
144	Jonathon Muir	Helsby	M	43.00					
145	Janet Shaw	Helsby	F50	43.33					
146	Hill L	Unattd	F40	43.42					
147	J Daley	Penny L	M65	43.58					
148	Kevin O'Brien	Penny L	M60	44.17					
149	Williams E	NVets	F45	44.24					

## Womens Race

The figure in the second column is the position in the Open Race

1	36	Singleton S	F35	Liv H	30.13
2	57	Ronan M	FU20	Liv H	32.27
3	60	Cheers N	F	LRC	33.04
4	61	Isaacs R	F40	Pensby	33.11
5	63	Cheetham S	F	Unatt	33.39
6	80	Gaillard B	F40	Liv H	35.44
7	87	Doyle M	F50	LRC	36.23
8	91	Davies N	F45	Wallsy	37.29
9	92	McDevitt M	F40	Mossly	37.30
10	96	Furey C	F	Wirral	38.30
11	102	Dalby K	F40	Liv H	39.10
12	103	Sibbick N	F	Unattd	39.39
13	105	Carson C	F45	PennyL	39.58
14	109	Skelton C	F	Unattd	41.55
15	113	Jones M	F	PennyL	42.45
16	114	Walley H	F45	Unattd	42.52
17	115	Williams E	F45	Nvets	42.59
18	116	Shaw J	F50	Helsby	43.10
19	118	Lawson S	F55	Wirral	43.45
20	119	Woods D	F35	LRC	43.58
21	120	Musson C	F	EPRC	44.23
22	123	Jeffrey R	F	PennyL	46.36
23	126	Haigh M	F35	Unattd	51.02
24	127	Evans G	F45	Unattd	53.31
25	128	Ferguson J	F	Unattd	56.34

## Course Records

### Mens Race

Open	Gerry Helme	StHlms	23.03	1983
M40	Harry Clague	StHlms	23.58	1987
M45	Mike Girvan	Warr	24.30	1999
M50	Maurice Morrell	Wirral	26.27	1983
M55	Ted Isaacs	Wirral	27.48	1992
M60	John Cottrell	Wallasey	30.05	2004
M65	Maurice Morrell	Wirral	33.52	2000
M70	Brian McGuigan	Wirral	37.49	2000
M75	Geoff Perkins	NVets	37.46	2001

John Cottrell set a new M60 record this year

### Womens Race

Open	Pam Morgan	LivHar	28.17	1997
F35	Sue Crehan	Sale H	29.20	1993
F40	Jackie Thorn	Vale R	30.58	1999
F45	Margaret Docking	Wrexhm	33.22	1996
F50	Mary Meredith	Prestatyn	32.56	1996
F55	Mary Meredith	Prestatyn	34.17	1999
F60	Beryl Mottram	Pensby	44.47	2000

Mary Meredith's time in 1996 is the best by an Over 45 but she was actually in the F50 age group at the time.