

Birkenhead Park Five June 3rd 2009

There were five new age records on the night:

M45	Tim Cahill (Abergele)	28.39	(old record 28.49)
M65	John Cottrell (Wallasey)	32.51	(old record 36.45)
FU20	Clare Murphy (Liv Har)	30.54	(old record 32.19)
F35	Marina Ali (Liv Har)	32.27	(old record 34.35, her own)
F40	Briony Taby (Mossley Hill)	31.32	(old record 34.27)

Complete Open race on pages 2 to 4

Womens Race

	Race position				
1	34	Natalie Palin		LRC	30.35
2	37	Clare Murphy	U20	Liv Har	30.54
3	43	Briony Taby	F40	Mossly Hill	31.32
4	47	Chantal Quarless		Liv Har	31.46
5	54	Marina Ali	F35	Liv Har	32.27
6	57	Michelle Murphy	F40	Liv Har	32.38
7	66	Rebecca Hannah	U20	Wirral	33.27
8	72	Sophie Hunt	U20	Wirral	34.10
9	73	Tricia Jones	F50	Wallasey	34.15
10	75	Sarah McRobie		Menai T&F	34.23
11	76	Alison Hughes		Ellesmre Pt	34.32
12	80	Gemma Morgans	U20	Eryri	34.51
13	81	Catherine Terry		LPS	35.05
14	85	Sue Burke	F45	LRC	35.29
15	90	Carol Shaw	F45	Helsby RC	36.52
16	93	Jane Fraser	F55	Wirral	37.44
17	95	Sharon Farmer		Mossly Hill	38.40
18	98	Helen Gilmour	F35	Wirral	39.17
19	99	Ciara Murphy		Deestridders	39.34
20	100	Judith Dyer	F40	Penny LS	39.37
21	102	Nicci Davies	F55	Wallasey	39.58
22	104	Maria Brockway	F45	Wirral	40.22
23	106	Catherine Nevin	F50	Penny LS	40.47
24	110	Katherine Moggach		Unattached	41.48
25	111	Amanda Alcock		Unattached	41.53
26	113	Sarah Price	F40	Helsby RC	42.07
27	114	Vanessa Griffiths	F40	Helsby RC	43.07
28	118	Janet Shaw	F55	Helsby RC	45.15
29	122	Avril Rowley	F40	Unattached	49.43
30	123	Joanne Dane	F35	Unattached	49.45

Posn	Bib	Athlete	Category	Club	Time
1	114	Mark Keeley		Liverpool Harriers	25.58
2	65	Xavier Desse		Wirral AC	26.38
3	116	Mark Hulmston		Wirral AC	26.58
4	87	Phil Peerless		Wirral AC	27.03
5	75	Darren Brazier		Abergele H	27.17
6	68	Paul Wathan		Eryri	27.24
7	46	Rob Cushion		Liverpool Harriers	27.28
8	70	Jon-Philip Seymour	U20	Wirral AC	27.38
9	109	Julian Ferraro	M40	London Heathside AC	28.06
10	76	Mark Dodd		Ellesmere Port Running Club	28.18
11	37	Greg Jones		Wallasey AC	28.20
12	26	Dewi Roberts	M40	Abergele H	28.23
13	25	Tim Cahill	M45	Abergele H	28.29
14	17	Guy Roberts		Mossley Hill AC	28.33
15	97	Chris Pedder	M50	Newburgh Nomads	28.35
16	19	Anthony Barbat	M45	Wallasey AC	28.41
17	78	Ray Cole	M45	Liverpool Harriers	28.44
18	42	Kelvin Dickinson		Wirral AC	28.46
19	85	Richard Bowker	M45	Southport Waterloo	28.48
20	41	Kevin Buxton	M50	Wirral AC	28.53
21	27	Gareth Roberts	M40	Abergele H	29.03
22	14	Paul Schumann	M45	Roby R	29.20
23	124	Kevin Keating		Wirral AC	29.26
24	39	Tony McDevitt	M55	Wirral AC	29.33
25	43	Karl Bryers	M40	Wirral AC	29.36
26	108	patrick Boyle		Liverpool Running Club	29.37
27	2	Adair Broughton		Helsby RC	29.40
28	52	Mark Hargreaves		Liverpool Harriers	29.42
29	66	Ben Costello	U20	Wirral AC	29.49
30	80	Mark Baylis	M45	Wirral AC	29.52
31	12	Derek Ashcroft	M55	Penny Lane Striders	30.22
32	110	Thomas Knight	M45	Unattached	30.25
33	92	Robert Burke	M40	Liverpool Running Club	30.28
34	91	Natalie Palin	F	Liverpool Running Club	30.35
35	98	Christopher Gibbs	M45	Wirral AC	30.49
36	29	Steve Townsend		Unattached	30.51
37	57	Clare Murphy	FU20	Liverpool Harriers	30.54
38	40	Neil Toner		Wirral AC	31.10
39	115	Mike Stone	M50	Wirral AC	31.23
40	38	Ian Landucci	M45	Helsby RC	31.24
41	7	Anthony Metcalfe	M55	Mossley Hill AC	31.25
42	67	Martin Hirrell	M40	Penny Lane Striders	31.31
43	10	Taby Briony	F40	Mossley Hill AC	31.32
44	118	John Courtney		Unattached	31.36
45	111	Ian Harnis	M40	Unattached	31.39
46	122	Mark Davies		St Helens Sutton	31.44
47	56	Chantal Quarless	F	Liverpool Harriers	31.46
48	96	Paul Collins	M40	Wirral AC	31.52
49	88	Danny Fagan	M40	St Helens Striders	31.54
50	1	Graham Beardsmore	M45	Penny Lane Striders	32.05
51	32	Jeff Mason	M55	Liverpool Pembroke & Sefton	32.07
52	50	Billy Hargreaves	M60	Liverpool Harriers	32.20

53	45	David Buce		Penny Lane Striders	32.26
54	48	Marina Ali	F35	Liverpool Harriers	32.27
55	30	Neil Atkinson		WestChes	32.27
56	60	Paul Cliff	M40	Liverpool Running Club	32.36
57	58	Michelle Murphy	F40	Liverpool Harriers	32.38
58	101	Anthony Peacock	M55	Northern Vets AC	32.42
59	99	John Cottrell	M65	Wallasey AC	32.51
60	61	Joseph Smith	M55	Unattached	32.53
61	21	Philip Walker	M60	Wrexham AC	32.55
62	59	David Owen		Liverpool Running Club	33.04
63	107	Steve Riley	M40	Helsby RC	33.06
64	72	Tommy Burke	M60	Penny Lane Striders	33.14
65	119	Mr N Fowle	M45	Unattached	33.19
66	89	Rebecca Hannah	FU20	Wirral AC	33.27
67	15	Tim Warn	M55	Penny Lane Striders	33.29
68	74	Steve Pemberton	M50	Penny Lane Striders	33.32
69	64	Robert Kelly		Liverpool Running Club	33.41
70	81	Daniel Leighton-Davies		Unattached	33.42
71	8	Geoff Shaw	M55	Helsby RC	33.49
72	83	Sophie Hunt	FU20	Wirral AC	34.10
73	94	Tricia Jones	F50	Wallasey AC	34.15
74	18	Peter Carpenter	M45	Unattached	34.20
75	77	Sarah McRobie	F	Menai Track & Field	34.23
76	100	Alison Hughes	F	Ellesmere Port Running Club	34.32
77	90	Will Ferguson		Wirral AC	34.35
78	51	Paul White		Unattached	34.38
79	6	Derek McArdle	M45	Wallasey AC	34.49
80	69	Gemma Morgans	FU20	Eryri	34.51
81	128	Catherine Terry	F	Liverpool Pembroke & Sefton	35.05
82	121	Christopher Cain	M40	WestChes	35.19
83	13	Chris Hirst	M40	Unattached	35.21
84	28	Andrew Conway	M40	Unattached	35.22
85	93	Sue Burke	F45	Liverpool Running Club	35.29
86	112	Robert Lehane	M40	Unattached	35.55
87	22	Paul Hannigan	M55	Roby R	36.08
88	3	Alan Clarey	M55	Mossley Hill AC	36.26
89	84	Phil Bluer	M45	Penny Lane Striders	36.47
90	106	Carol Shaw	F45	Helsby RC	36.52
91	63	Nick MacKarel	M40	Unattached	37.13
92	82	Michael Veitch		Unattached	37.42
93	54	Jane Fraser	F55	Wirral	37.44
94	24	Paul Shannon	M50	BICC Presct	37.46
95	120	Sharon Farmer	F	Mossley Hill AC	38.40
96	71	Colin Vose	M45	Unattached	38.50
97	47	Murray Freeman	M55	Wirral AC	39.09
98	55	Helene Gilmour	F35	Wirral	39.17
99	104	Ciara Murphy	F	Deestridders	39.34
100	117	Judith Dyer	F40	Penny Lane Striders	39.37
101	103	Mick Flaherty		Deestridders	39.48
102	113	Nicci Davies	F55	Wallasey AC	39.58
103	11	Andy Todd	M60	Helsby RC	40.20
104	35	M Brockway	F45	WirralAC	40.22
105	79	Dave Gawne	M55	Wirral AC	40.32

106	16	Catherine Nevin	F50	Penny Lane Striders	40.47
107	125	Stuart Roger Nott		Unattached	40.53
108	127	Lawrie Brown	M65	Birkenhead AC	41.31
109	33	Sidney Molyneux	M60	Picton	41.31
110	102	Katherine Moggach	F	Unattached	41.48
111	62	Amanda Alcock	F	Unattached	41.53
112	95	Michael Breslin	M45	Rohersa AC	42.05
113	123	Sarah Price	F40	Helsby RC	42.07
114	105	Vanessa Griffiths	F40	Helsby RC	43.07
115	86	Jon Singleton	M50	Southport Waterloo	43.27
116	23	Lol Taylor	M65	BICC Presct	44.07
117	36	A Brockway	M45	Wirral AC	44.30
118	9	Janet Shaw	F55	Helsby RC	45.15
119	73	Kevin O'Brien	M65	Penny Lane Striders	45.22
120	126	Stephen Hope	M50	Unattached	45.49
121	53	Jon Court		Liverpool Running Club	46.28
122	34	Avril Rowley	F40	Unattached	49.43
123	31	Joanne Dane	F35	Unattached	49.45