

Posn	Bib	Athlete	Club	Age	Time
1	151	James McNally	Liverpool H	M	25.58
2	118	Martin Swensson	Penny Lane Striders	M40	26.08
3	292	William Woodcock	Wirral AC	M	26.42
4	116	Philip Langan	Wirral AC	M40	26.47
5	203	Phil Robertson	Wirral AC	M	27.00
6	95	Paul Sankey	Liverpool H	M45	27.41
7	70	Greg Jones	Wallasey AC	M	27.47
8	273	Gary Fitzpatrick	Wigan Harriers	M	27.58
9	168	David Alcock	Wirral AC	M	28.03
10	262	Andrew Gawne	Unattached	M	28.05
11	81	David Brockway	Wirral AC	M	28.08
12	176	S Doyle	Knowsley H	M40	28.10
13	213	Joseph Boden	Wallasey AC	M	28.17
14	139	Andy McQue	Liverpool H	M	28.30
15	278	Christian Varley	Unattached	M	28.37
16	155	Stephen Watkin	Penny Lane Striders	M	28.49
17	109	Kyle Harrison	Liverpool Running Club	M	28.58
18	75	Eric Campbell	Buckley Runners	M50	29.17
19	305	Peter Bird	Wallasey AC	M	29.30
20	179	Matthew Hughes	Liverpool H	M	29.34
21	156	Mark Davies	West Cheshire AC	M	29.40
22	186	Kirsty Longley	Liverpool Pembroke Sefton	F35	29.47
23	119	Harley Henshaw	Wirral AC	M	29.49
24	223	Richard Webster	Wallasey AC	M45	30.03
25	128	Daniel Thomas	Penny Lane Striders	M	30.05
26	215	Rob Pearse	Wallasey AC	M40	30.07
27	243	Simon Fox	Wirral AC	M50	30.12
28	138	Catherine Howard	Knowsley H	F	30.14
29	272	Sam Evans	Penny Lane Striders	M	30.24
30	204	David Norman	Wirral AC	M55	30.29
31	144	Tony Wilcox	Unattached	M50	30.31
32	236	Kevin Dunbar	St Helens Tri	M	30.47
33	222	Bryan Stevenson	Wallasey AC	M	30.53
34	117	Andrew Bromley	Prestatyn Running Club	M	30.54
35	135	Chris Pedder	Liverpool Pembroke Sefton	M55	30.55
36	120	Nathan Parry	Knowsley H	MU20	30.56
37	259	Gary O'Connor	Helsby	M45	30.58
38	145	David Edwards	Kirkby Milers	M50	31.00
39	143	Lewis Houghton	Kirkby Milers	MU20	31.18
40	225	Nick Holt	Wallasey AC	M40	31.32
41	66	Nigel Grant	Penny Lane Striders	M50	31.35
42	245	Tony Devoy	Wirral AC	M55	31.46
43	276	Will Ferguson	Wirral AC	M	31.50
44	211	Gary Wilton	Kirkby Milers	M	31.53
45	106	Eric Ranson	St Helens Striders	M45	31.56
46	133	Kenneth Day	Kirkby Milers	M	31.57

Posn	Bib	Athlete	Club	Age	Time
47	147	James Warburton	Kirkby Milers	M	31.59
48	237	Ian Orford	St Helens Tri	M	32.01
49	233	Joe Chedgzoy	Kirkby Milers	M	32.13
50	63	Andrew Keeley	Penny Lane Striders	M50	32.15
51	261	Simon Rogem	Pensby Runners	M50	32.18
52	93	David Daly	Kirkby Milers	M	32.20
53	252	Joe McDevitt	Unattached	M	32.21
54	239	Martin Davies	Unattached	M40	32.28
55	301	Dominic Cooper	Mossley Hill AC	M	32.30
56	92	Paul Riley	Penny Lane Striders	M45	32.31
57	318	Mark Hughes	Wirral AC	M	32.36
58	244	Nick Wilson	Wirral AC	M45	32.37
59	78	Lisa Gawthorne	Liverpool Pembroke Sefton	F35	32.38
60	315	Jack Poland	Wallasey AC	M	32.39
61	217	Daniel McKeivitt	Kirkby Milers	M	32.41
62	238	Alistair Malpas	Pensby Runners	M	32.47
63	299	Andy McGinn	Wirral AC	M45	32.53
64	55	Danny Fegan	St Helens Striders	M50	32.54
65	130	Rachael Fairclough	St Helens Striders	F	32.56
66	224	Ian Cannings	Wallasey AC	M55	32.58
67	216	Peter Carpenter	Unattached	M55	33.10
68	72	Mark O'Callaghan	Kirkby Milers	M	33.12
69	52	John Murphy	Unattached	M45	33.16
70	283	Alan Sanderson	Liverpool Running Club	M	33.17
71	230	Michael Halpenny	Unattached	M	33.18
72	125	Alan Joyce	Southport Waterloo AC	M60	33.20
73	205	Peter Fraser	Wirral AC	M	33.23
74	298	Kevin Enright	Liverpool Running Club	M	33.24
75	295	Gareth Langford	Wirral AC	M	33.26
76	202	Aileen Kearney	Wirral AC	FU20	33.28
77	187	Mark Smith	Unattached	M40	33.32
78	84	Andie Gow	Pensby Runners	M60	33.34
79	260	Julian Tour	Penny Lane Striders	M	33.34
80	67	John Harrison	Ellesmere Port	M	33.38
81	201	Sarah Kearney	Wirral AC	F40	33.38
82	306	Phil Bird	Wallasey AC	M50	33.40
83	173	Lisa Grantham	Pensby Runners	F40	33.43
84	103	Nigel Chilvers	Kirkby Milers	M45	33.48
85	90	David McAlister	Wallasey AC	M55	34.06
86	249	Joanne Lacking	Helsby	F35	34.08
87	126	Angela Delaney	Southport Waterloo AC	F45	34.10
88	94	Mike Walker	Southport Waterloo AC	M65	34.13
89	71	Tony Craig	Kirkby Milers	M45	34.18
90	271	James Chapman	Unattached	M	34.20
91	212	Andrew Glen	Knowsley H	M50	34.21
92	96	Andrew Conway	Liverpool Pembroke Sefton	M50	34.23

Posn	Bib	Athlete	Club	Age	Time
93	255	John Bassett	Wallasey AC	M50	34.34
94	121	Gavin Parry	Knowsley H	M45	34.37
95	166	Carl Yu	Liverpool Running Club	M40	34.46
96	267	John Day	Kirkby Milers	M40	34.47
97	265	John Hammond	Unattached	M	34.50
98	214	James Malone	Penny Lane Striders	M	34.51
99	263	Allan Lawson	Mossley Hill AC	M50	34.52
100	51	Lisa Crosby	Mossley Hill AC	F40	34.57
101	183	Harriet Glover	St Helens Striders	F	35.01
102	91	Helen Anne Stansfield	Wallasey AC	F	35.01
103	219	Matthew Whalley	Kirkby Milers	MU20	35.03
104	189	Louise Warn	Penny Lane Striders	F	35.03
105	58	David Navis	St Helens Striders	M	35.04
106	266	Adam Tysoe	Liverpool Running Club	M	35.07
107	112	Dominic Roberts	Pensby Runners	M	35.22
108	182	Steve Pemberton	Penny Lane Striders	M60	35.27
109	277	Michael Wilkinson	Wirral AC	M	35.30
110	231	Ian Rivers	Kirkby Milers	M45	35.34
111	102	John Spraggett	New Marske H	M65	35.38
112	194	Tony Dagnall	St Helens Striders	M60	35.44
113	200	Martin Hirrell	Penny Lane Striders	M50	35.49
114	256	Anne Rosbottom	Wirral AC	F40	35.54
115	113	Nigel Foo	Penny Lane Striders	M45	35.56
116	254	Christopher Cain	Unattached	M50	35.59
117	160	Mark Roberts	Pensby Runners	M60	36.03
118	221	Michael Stones	Wirral AC	M55	36.10
119	169	Richard Costain	Penny Lane Striders	M	36.13
120	210	Jess McKinlay	Wallasey AC	F	36.16
121	289	Kevin Hall	Wallasey AC	M45	36.18
122	184	Lisa Cheers	St Helens Striders	F	36.20
123	104	Alan Spencer	Knowsley H	M55	36.24
124	275	Andrew Cotgrove	Wallasey AC	M40	36.27
125	181	Emma Callery	St Helens Striders	F	36.29
126	162	Paul Gilbertson	Liverpool Running Club	M40	36.31
127	53	David Webb	Penny Lane Striders	M	36.32
128	74	Kylie Maguire	St Helens Striders	F	36.36
129	246	Nadine Weeks	Unattached	F35	36.38
130	207	Stuart Harrison	Penny Lane Striders	M	36.39
131	108	Greg Simpson	Unattached	M	36.42
132	279	Janet Neville	UTS Hoylake	F50	36.45
133	54	Gemma Louise webster	St Helens Striders	F	36.47
134	57	Chris Marsland	Pensby Runners	M50	36.54
135	89	Keiron Carr	Knowsley H	M45	37.03
136	269	Alan Spinks	Mossley Hill AC	M45	37.12
137	208	Ultan Mulhearn	Unattached	M45	37.20
138	122	Karen Parry	Knowsley H	F45	37.22

Posn	Bib	Athlete	Club	Age	Time
139	76	Paul Alexander	Pensby Runners	M55	37.26
140	195	Sarah Richards	Penny Lane Striders	F35	37.32
141	291	Ian Rowlands	Unattached	M40	37.33
142	268	Andrew McFarlane	Ealing Eagles	M	37.36
143	64	Ben Darby	Run In Wirral	M	37.39
144	228	Colin Powell	Unattached	M	37.40
145	284	Nick Laing	Unattached	M45	37.45
146	73	Tracy Pennington	Pensby Runners	F50	37.53
147	159	Stephen McConville	Pensby Runners	M50	37.53
148	107	Michael Edwards	Penny Lane Striders	M55	37.54
149	59	Mary Rees	Wallasey AC	F60	37.54
150	177	Colin Sefton	Mossley Hill AC	M55	37.55
151	56	Philip Stanley	Mersey Tri	M50	37.58
152	227	Peter Jones	Sunlight Runners	M55	38.02
153	161	Tony Holmes	Liverpool	M55	38.09
154	123	Laura Buckley	St Helens Striders	F	38.11
155	218	Jim Fedigan	Pensby Runners	M55	38.18
156	170	David Limbrick	Islwyn Running Club	M50	38.19
157	297	Rob Chalmers	Pensby Runners	M	38.22
158	251	Helen Owens	Helsby	F40	38.27
159	148	Carol Foster	St Helens Striders	F55	38.30
160	188	B Fitzhenry	Kirkby Milers	M45	38.41
161	193	Ray Murphy	Liverpool Running Club	M45	38.42
162	142	Jenny Houghton	Kirkby Milers	F	38.44
163	164	Annmarie Williams	Penny Lane Striders	F45	38.46
164	312	Arthur Cross	Knowsley H	M55	38.47
165	311	Michael Maxwell	Knowsley H	M60	38.54
166	319	M Wilmhurst	Unattached	M50	38.56
167	308	Dawn Fairclough	Liverpool Running Club	F35	38.59
168	167	James Roberts	Penny Lane Striders	M	39.00
169	82	Maria Brockway	Wirral AC	F50	39.06
170	296	Andrew Morris	Unattached	M	39.08
171	304	Elliot Jones	Wallasey AC	M	39.10
172	85	Corin Lampkin	Pensby Runners	M55	39.13
173	190	M O'Rourke	Penny Lane Striders	M	39.16
174	136	Billy Hargreaves	Southport Waterloo AC	M65	39.17
175	150	Kenny Worrall	Liverpool Running Club	M40	39.30
176	310	Joanne Porteous	Unattached	F45	39.38
177	175	Ed Beattie	Unattached	M45	39.44
178	80	Chris Morgan	Unattached	M	39.46
179	226	Adrienne Hall	Spectrum Striders	F45	39.49
180	250	Rachel Holden	Helsby	F	40.18
181	101	Dawn Sully	New Marske H	F45	40.22
182	274	Abir Ali	Unattached	M40	40.23
183	105	Kevin Burns	Deestridders	M60	40.26
184	83	Clare Wright	Liverpool Running Club	F40	40.26

Posn	Bib	Athlete	Club	Age	Time
185	129	Mark Newland	Unattached	M	40.28
186	300	Penny Thorn	Wirral AC	F40	40.29
187	240	Jo Jackson	St Helens Striders	F40	40.31
188	165	Nathaniel Hopkins	Kirkby Milers	M	40.38
189	198	Julie Houghton	Mossley Hill AC	F45	40.39
190	232	Jennifer O'Sullivan	Kirkby Milers	F	40.43
191	309	Hayley Fairclough	Liverpool Running Club	F	40.49
192	87	Alexandra Royden	Pensby Runners	F	41.03
193	209	Jan McArd	Wallasey AC	F45	41.05
194	178	Kenny Garner	Mossley Hill AC	M55	41.15
195	185	Jane Fraser	Wirral AC	F60	41.20
196	65	Marcus Darby	Run In Wirral	M	41.27
197	146	Emma Williams	Kirkby Milers	F	41.30
198	174	Victoria Ford	Pensby Runners	F	41.34
199	242	Sharon O'Connell	St Helens Striders	F45	41.42
200	234	Suzy Hamley	Knowsley H	F35	41.58
201	154	Jane Nicholson	Penny Lane Striders	F50	42.07
202	192	Liz McPhail	Unattached	F35	42.10
203	303	Keith Marsden	Wallasey AC	M55	42.12
204	220	Daniel J McCarthy	Unattached	M	42.14
205	140	Bhav Mistry	Kirkby Milers	F45	42.21
206	293	Uyai Ikpatt	Sunlight Runners	F35	42.34
207	149	Katherine Robinson	Mersey Tri	F35	42.38
208	158	Derek Ralphs	Unattached	M50	42.51
209	196	Kelly Marrin	Unattached	F40	43.04
210	141	Amanda Holman	Kirkby Milers	F45	43.11
211	313	Jessica Garrigan	Liverpool Running Club	F35	43.19
212	235	Anja Dunsch	Knowsley H	F	43.22
213	68	Susan Heaps	St Helens Striders	F50	43.23
214	191	Gordon Rodger-Burns	Unattached	M	43.30
215	290	Michele Atty	Wallasey AC	F45	43.31
216	79	Mollie Jayne Hawes	Unattached	F	43.34
217	99	Jeremy Flashman	Unattached	M55	43.44
218	100	Ian Williams	Warrington Road Runners	M	43.51
219	314	Louise Marsden	Wallasey AC	F	44.02
220	88	Tracey Carr	Knowsley H	F50	44.10
221	257	Sarah Matthews	Warrington Road Runners	F35	44.16
222	163	Amy Gilbertson	Liverpool Running Club	FU20	44.24
223	153	Annie Oxbough	Penny Lane Striders	F35	44.29
224	294	Nicci Davies	Wallasey AC	F55	44.42
225	115	Joanne Keogh	St Helens Striders	F40	44.46
226	286	Cheryl Chaffe	Mersey Tri	F45	45.02
227	285	Rob Chaffe	Mersey Tri	M50	45.02
228	280	Paula Smith	Wirral AC	F45	45.11
229	270	Katie Bellew	Wallasey Running	F40	45.15
230	288	Catherine McElhiney	Southport Waterloo AC	F45	45.16

Posn	Bib	Athlete	Club	Age	Time
231	317	Amena Madden	Liverpool Running Club	F40	45.20
232	316	Thomas Madden	Liverpool Running Club	M40	45.20
233	114	Elaine Parry	St Helens Striders	F35	45.34
234	157	Christine Grant	Penny Lane Striders	F50	45.56
235	69	Ian Chalmers	Pensby Runners	M65	46.18
236	171	Jessica Ellison	Wallasey AC	F	46.42
237	124	Mick O'Brien	Knowsley H	M45	46.42
238	302	Janette Longford	Wirral AC	F55	47.40
239	134	Martin Rogen	Mossley Hill AC	M50	47.44
240	180	Caeb Cuthbert	Wallasey AC	F40	47.49
241	321	Susie Woods	Chester Tri	F45	47.59
242	86	Sarah Brown	Unattached	F	48.02
243	307	Davie Thompson	Liverpool Running Club	M	48.43
244	248	Ian Jones	Unattached	M	48.44
245	253	Deborah Hill	St Helens Striders	F45	49.05
246	282	Jane Edwards	Run In Wirral	F35	49.15
247	199	Andrew Hirrell	Milton Keynes RR	M	49.26
248	152	Ronald Thornton	Knowsley H	M65	49.31
249	98	Patricia Wright	Unattached	F65	49.40
250	197	Erica Dillon	Unattached	F35	49.58
251	127	Roy Jardine	Eryri Harriers	M65	50.33
252	229	Angela Williams	Rebel Runners Medway	F	50.40
253	241	Karen Mason	St Helens Striders	F45	52.35
254	281	S Rioux	Mersey Tri	F45	52.52
255	132	Derek Hughes	Knowsley H	M60	53.53
256	131	Debi McMillan	Penny Lane Striders	F40	54.16
257	320	Claire Kirby	Unattached	F	59.25
258	206	Diane Rogers	Mossley Hill AC	F50	59.42
259	247	Christina Kirby	Unattached	F	60.56
260	287	Sophia Purcell	Unattached	F40	64.04