

Race 5 Northern Championships - Knowsley			
Pos	Athlete	Time	Points
57	Phil Robertson	46.06	35
112	David Brockway	48.52	34
178	Harley Henshaw	51.25	33
242	Steve Spence	53.43	32
270	Will Ferguson	54.32	31
304	Dave Norman	55.40	30
324	Richard Bargh	56.17	29
377	Simon Fox	58.21	28
412	Nick Wilson	59.54	27
467	Mike Stone	1.02.23	26
470	Pete Fraser	1.02.28	25
Pos	Team	Points	
1	Sale Harriers	187	
16	Wirral AC	1163	

Race 6 L & D Championships - Clarkes Gardens			
Pos	Athlete	Time	Points
3	Phil Robertson	34.27	25
8	David Brockway	35.44	24
24	John Hunt	38.33	23
29	Steve Spence	39.02	22
30	Daniel Morgan	39.12	21
37	Dave Norman	39.54	20
43	Will Ferguson	40.28	19
55	Richard Bargh	41.34	18
71	Nick Wilson	43.33	17
86	Pete Fraser	45.27	16
93	Mike Stone	46.32	15
Pos	Team	Points	
1	Liverpool Harriers	74	
2	Penny Lane Striders	117	
3	Wirral AC	132	

Race 7 National Championships - Nottingham			
Pos	Athlete	Time	Points
187	Phil Robertson	44.45	35
330	David Brockway	46.50	34
603	Steve Spence	50.26	33
658	Mark Hulmston	51.02	32
756	Daniel Morgan	52.11	31
970	Richard Bargh	54.42	30
1072	Nick Wilson	56.15	29
Pos	Team	Points	
1	Tonbridge AC	289	
49	Wirral AC	3504	

Race 8 Club Championships - Arrowe Park			
Pos	Athlete	Time	Points
1	Phil Robertson	35.57	35
2	Harley Henshaw	37.10	34
3	Pill Langan	37.20	33
4	John Hunt	39.03	32
5	Mark Hulmston	40.30	31
6	Will Ferguson	40.39	30
7	Richard Bargh	41.22	29
8	Simon Fox	42.18	28
9	Nick Wilson	43.37	27
10	Alan Robertson	45.42	26
11	Mike Stone	46.39	25