

	<b>Wirral AC Open Medal Meeting</b> Oval Sports Centre. Old Chester Rd. Bebington. CH63 7LF Sunday 9 <sup>th</sup> April 2017	
	Supported by URENCO (UK) Ltd	

Field Events start 11-00am	Track Events start 11-30am
Under 11 Boys	75m 150m 600m L/Jump Turbo Javelin
Under 11 Girls	75m 150m 600m L/Jump Turbo Javelin
Under 13 Boys	75m Hurdles 100m 200m 800m 1500m L/Jump H/Jump Shot
Under 13 Girls	70m Hurdles 75m 150m 800m 1200m L/Jump H/Jump Shot
Under 15 Boys	75m Hurdles 100m 200m 800m 1mile L/Jump H/Jump Shot
Under 15 Girls	75Hurdles 100m 200m 800m 1mile L/Jump H/Jump Shot
Under 17 Men	100m 400m 800m Shot H/Jump
Under 17 Women	80m Hurdles 100m 300m 800m Shot H/Jump
Open Over 17 Men/Women/U15Boys/Girls	The Urenco 1 Mile Start at 11-30 am

Track Events Approximate Timetable		Field Events Approximate Timetable	
11-30am	1 Mile	11-00am	U11B/G L/J U13/15 Boys H/Jump
12-00 noon	All Hurdles	11-30am	U17 M/W Shot
12-45pm	600m 800m	12-30pm	U15 Boy Shot U13/15 Girls L/J U13 Boys Shot U17 M/W High Jump
1-20pm	75m 100m	1-30pm	U13/U15 Girls Shot
2-15pm	1200m	2-00pm	U13/15 Boys L/Jump
2-30pm	1500m (U13B)		U11/Boys & Girls Turbo Javelin
2-45pm	150m	2-30pm	U13/15 Girls H/Jump
3-00pm	300/400m		
3-30pm	200m		

Track Events – Time Trials	Field Events – Max 4 Trials U11 3 Trials only
<b>Medals to the first three in each event</b>	
Numbers to be collected on the day	
Postal Entries --£3-00 per event	Entries on the day £4-00 per event
Closing date for postal entries Sunday April 2 <sup>nd</sup>	
UK Athletics rules apply – max 3 events U17 and below	
Ages for U11 and older on August 31 <sup>st</sup> 2017	

Postal Entries to ---Jane Palmer, 1 Mill Hey, New Chester Road, Eastham, CH62 9AG

Name ..... Male / Female (please circle)

Address .....

Age Group                      Date of Birth                      Club

Events you wish to compete in .....