



Wirral AC Open Medal Meeting

Sunday 19th April 2020



(at the Oval, Bebington, CH63 7LF)

Track & Field event licence: 20/111

Schedule of events (all times are approximate)

| Track | | |
|-------------|---------------|---|
| Start Time | Event | Age Groups |
| 10.30 | 70m Hurdles | U13G |
| 10.35 | 75m Hurdles | U13B, U15G |
| 10.40 | 80m Hurdles | U15B, U17W |
| 10.45 | 100m Hurdles | 17M |
| 10.50 | 600m | U9G, U9B, U11G, U11B |
| 11.00 | 800m | U13G, U13B, U15G, U15B, U17W, U17M, U20W, U20M, SW, SM |
| 11.40 | 75m | U9G, JU9B, U11G, U11B, U13G, U13B |
| 11.50 | 100m | U15G, U15B, U17W, U17M, U20W, U20M, SW, SM |
| 1.15 | Lunch | Feed and water the officials |
| 1.45 | 150m | U11G, U11B, U13G |
| 2.15 | 200m | U13B, U15G, U15B, U17W, U17M, U20W, U20M, SW, SM |
| 2.50 | 300m | U17W, U17M, U20W, U20M, SW, SM |
| 3.10 | 1500m | U15G, U15B, U17W, U17M, U20W, U20M |
| 3.20 | 1200m | U13G, U13B |
| 3.30 | 1 mile | SW, SM (open to U17+) |
| 4.00 | 4*100m relays | U13G, U13B, U15G, U15B, U17W, U17M, U20W, U20M (trials) |

| Field | | |
|------------------|-------------------------|-------------------------------------|
| Start Time | Event | Age Groups |
| 10.45 | Long Jump | U13G, U15G |
| 11.00 | High Jump | U13B, U15B |
| 11.15 | Turbo Javelin | U9G, U9B |
| 11.30 | High Jump | U17W, U17M |
| 11.45 | Shot Put | U13B, U15B |
| 12.00 | Discus Throw | U13G, U15G, U17W |
| 12.15 | Long Jump | U11G, U11B |
| 12.15 | Shot Put | U17W, U17M |
| 1.15 | Lunch | Feed and water the officials |
| 1.45 | Long Jump | U9G, U9B |
| 1.45 | Shot Put | U13G, U15G |
| 1.45 | Discus Throw | U13B, U15B, U17M |
| 2.15 | High Jump | U13G, U15G |
| 2.30 | Long Jump | U13B, U15B |
| 2.45 | Turbo Javelin | U11G, U11B |
| 3.15 | Javelin | U13G, U13B, U15G, U15B |