

Merseyside Open Team Championships

2021

CROSS COUNTRY

Saturday, 9th January 2021

(or later date if required)

Claremont Farm:

Old Clatterbridge Rd, Birkenhead, Wirral CH63 4JZ

Under UKA Rules: Permit Number: CC 2020/0011

9.00	SEN MEN	(inc Vets 6 to count)	20 or older on 31.8.20	10.8 km	£6
9.00	U20 MEN	(3 to count)	17 to 19 on 31.8.20	8.1 km	£5
10.15	SEN WOMEN	(inc Vets 4 to count)	20 or older on 31.8.20	8.1 km	£6
11.15	U13 GIRLS	(4 to count)	11 or 12 on 31.8.20 or 11 on day	2.7 km	£5
11.45	U13 BOYS	(4 to count)	11 or 12 on 31.8.20 or 11 on day	2.7 km	£5
12.30	U15 GIRLS	(4 to count)	13 or 14 on 31.8.20	4.2 km	£5
13.15	U15 BOYS	(4 to count)	13 or 14 on 31.8.20	4.2 km	£5
13.45	U17/U20 WOMEN	(3 to count)	15 to 19 on 31.8.20	4.2 km	£5
14.15	U17 MEN	(3 to count)	15 or 16 on 31.8.20	5.4 km	£5

15.00 - A race for Boys and Girls; 9 or 10 on the day - 1.5km
Medals to the first three Boys and Girls and first three teams - Entry Fee **£4.00**

Competitors **MUST** comply with England Athletic Covid-19 rules for travel to competition*

ATHLETES MUST BE REGISTERED and have paid their affiliation fee to ENGLAND ATHLETICS

Competitors may only compete in their own age group - no limits on entry numbers

ENTRIES ON LINE ONLY - <not yet open>

ENTRIES CLOSE – On Wednesday 6th January 2021

!!!!!! NO ENTRIES ON THE DAY !!!!!!!

AWARDS:

1st 3 individuals in each race

1st 3 teams in each race

Highest placed individual not in the 1st 3 or in the 1st 3 teams

1st 3 Vets in the following categories: V35-44 / V45-54 / V55-64 / V65+

NB - Veterans will also qualify for individual awards

Club vests must be worn in all races U13 and above

*England Athletic's Covid-19 rules for travel to completion on 9th January 2021 will apply.